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	<b>Criterion 3</b>	<b>R, I &amp; E</b>
	<b>KI 3.6</b>	<b>M 3.6.1</b>

<b>3.6.1</b>	Outcomes of extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues and holistic development, and awards received if any during the last five years (Showcase at least four case studies to the peer team)
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# ATMIYA UNIVERSITY

(Established under the Gujarat Private University Act 11, 2018)

Yogidham Gurukul, Kalawad Road, Rajkot - 360005, Gujarat (INDIA)

## Report on

1-Day Interactive Session on  
 “Shiksha nu Manaviykaran”

## Organized by

VECD Cell, Atmiya University

## Facilitator

Shri Somdev Tyagi (Abhyuday Sansthan, Hapud, U.P.)

**No. of Participants – 134**

**Date/Venue: 31<sup>st</sup> January 2021 (Step Auditorium, Atmiya University)**

Value Education for Consciousness Development (VECD) Cell organize one interactive session on “Shiksha nu Manaviykaran” for the students of Happiness Meet, parents, society and also for educationalists. The session is facilitated by Shri Somdev Tyagi (Abhyuday Sansthan, Hapud, U.P.)

The response of all the participant was very joyful and they had asked many crucial questions related to their Personal life, Relationship, Current society problems, Nature and Existence. Somdev Tyagi ji explained all the questions nicely and also give the holistic approach towards such questions. Basically this is the proposal for any participants that they have to verify with their own natural acceptance. Somdev Tyagi ji emphasis on the education most and he said that all the domain of human being must be discussed in our current education system.

### Outcome:

- ✓ Participants got the holistic clarity about their life.
- ✓ More Clarity on what should be complete Education Content.
- ✓ Some of the participants motivated to attend the full 8-days Jeevan Vidya shivir.
- ✓ Able to live harmonious life.
- ✓ How to Increase Family Happiness Index



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**Glimpses of the event:**



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**A Report of Student’s Workshop  
on  
“Jeevan Vidya”**

**Date: 27/1/2022 to 1/2/2022**

**Organized by  
Universal Human Values (UHV) Cell**

**Collaboration with  
Lokbharti Vidyalaya, Sanosara**

**Facilitator  
Mr. Jigar Ratnottar  
Asst. Prof.  
AUFET  
UHV Cell, Coordinator**

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The workshop on “**Jeevan Vidya**” is a proposal of to make Universal Humanization of Education based on *Madhyastha Darshan Sah-Asitvavaad*, philosophy propounded by Shri *A. Nagraj*. The workshop was organized by UHV Cell, AU for the students of Lokbharti Vidyalaya, Sanosara, and this is nicely facilitated by Mr. *Jigar Ratnottar*.

### Following important points were discussed in Workshop:

- ✓ Workshop is in form of proposal and universal biased.
- ✓ No Do`s and Don'ts instruction were given into workshop.
- ✓ Education should address Universal Human Values + Skill (Technology).
- ✓ For all human being in life there are only two basic questions need to answer i.e.
  - 1) Why to live? Related to **values**
  - 2) How to live? Related to **skills**
- ✓ Basic desire of all human is to be **Happy & Prosperity** and its continuity.
- ✓ We cannot purchase any physical facility we only paying for Human effort.

Total 76 students of Lokbharti Vidyalaya, Sanosara participated for workshop. The workshop was organized for their students.



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**Highlight of Workshop:**



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## NEWS



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सुहृदं सर्वभूतानाम्

### SUMMARY REPORT

On

### Blood Donation Camp

Date – 09/09/2019

Patron – P. P. Tyagvallabh Swamiji, Secretary, Sarvodaya Kelavani Samaj

Chief Convenor – Dr. G. D. Acharya, Principal, AITS

Convenor – Prof. Yuvrajsinh Kanchava, NSS Officer, Atmiya University

Name of Guest/Speaker – Dr. Rohit Bhalara, Associate Professor,

Pathology Department, Rajkot

No. of Participants – 300

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## NEWS

### **GIVE BLOOD GIVE LIFE**

The NSS unit of Atmiya University organized a blood donation camp in the college campus with blood bank of Red Cross Society and Government blood bank of Rajkot on 09/09/2019. The camp began at 9:30 a.m. with a short inaugural function where in Prof. Yuvrajsinh Kanchava and NSS team members.

Prof. Yuvrajsinh Kanchava expressed his gratitude to the NSS unit of the college for its continuous endeavor in this regard. He also stressed on the growing need of blood in the state and commended the young volunteers for their noble act.

The Camp was inaugurated by P. P. Tyagvallabh Swamiji, Dr. G. D. Acharya, Principal, AITS Government Blood bank officer & Red Cross blood bank officer. 300 volunteers came forward to donate blood during the camp which included teaching & non-teaching staff, students & non-student donors. At the end 250 units of Blood was collected.

The blood donors were given tea or some breakfast after donating the blood in order to reenergize them. The blood donors were provided with a blood donation certificate card by both blood bank teams. The camp concluded at around 2.30 p.m.

This was the 1st camp conducted by the NSS unit for this academic year. The blood donation camp was coordinated by Prof. Yuvrajsinh Kanchava, N.S.S coordinator of the college.



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## ACTIVITY AT AARSH VIDHYA MANDIR



### SUMMARY REPORT

Tree Plantation Activity At Aarsh Vidhya Mandir, Munjaka

Date – 21/07/2019

Organizer – Atmiya University

Objective	: To conserve nature.
Venue	: Aarsh Vidhya Mandir, Mandir
NSS Programme Officer	: Prof. Yuvrajsinh Kanchava
Student Coordinator	: Nikunj Makawana
Name of guest/expert	: N.A.
No. of Participants	: 16



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	<b>KI 3.6</b>	<b>M 3.6.1</b>

## ACTIVITY AT AARSH VIDHYA MANDIR

### Description of activity:

A Tree plantation program was arranged on 21<sup>st</sup> July, 2019 by NSS unit of Atmiya University at Aarsh Vidhya Mandir, Munjakain collaboration with the Green Team of Rajkot

A team of 16 students from various Engineering branches along with 2 faculty members Yuvrajsinh Kanchava from Mechanical Engineering Department and Ankit Kalariya from Computer Engineering Department actively participated in the tree plantation activity. The students were from the NSS unit of Atmiya University and the Happiness Club. Mr. VipulBhai Shah and Mr. BharatBhai Korat were the members from the Green Team Rajkot along with 4 other members for planning the plantation of trees.

Different varieties of trees were planted according to the miyawaki method of afforestation / planting trees. The Miyawaki method involves planting a number of different types of trees close together in a small pit. By closely planting many random trees close together in a small area enriches the green cover and reinforces the richness of the land. This will lead to co-existence of plants and as a matter of fact each plant draws from the other vital nutrients and they grow to become strong and healthy. 150 plants of nearly 15 different varieties were planted by the students in a 2 hours of time period.

Mr. Bharatbhai Korat explained the Miyawaki method and its benefits to the students along with the need for conservation of nature by planting the trees and using the resources rightly. Dr. G. D. Acharya shared the importance of physical activity training for the students. The program was coordinated by the NSS Program officer Mr. Yuvrajsinh Kanchava.



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## ACTIVITY AT AARSH VIDHYA MANDIR

### Images



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## ACTIVITY AT AARSH VIDHYA MANDIR



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## ACTIVITY AT AARSH VIDHYA MANDIR



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## NEWS



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सुहृदं सर्वभूतानाम्

### SUMMARY REPORT

On

**Awareness about the Effects of Tobacco Consumption on Health**

Date – 16/07/2019

Patron – P. P. Tyagvallabh Swamiji, Secretary, Sarvodaya Kelavani Samaj

Chief Convenor – Dr. G. D. Acharya, Principal, AITS

Convenor – Prof. Yuvrajsinh Kanchava, NSS Officer, Atmiya University

Name of Guest/Speaker – Dr. Rohit Bhalara, Associate Professor,

Pathology Department, PDU Medical College, Rajkot

No. of Participants – 300

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	<b>Criterion 3</b>	<b>R, I &amp; E</b>
	<b>KI 3.6</b>	<b>M 3.6.1</b>

## NEWS

"Preventing tobacco addiction and achieving cessation in established users are the cornerstones of efforts to reduce tobacco use and disease."

A seminar was organized on 16<sup>th</sup> July, 2019 on the topic "Freedom from addiction". The honorable guest of the day was Dr. Rohit Bhalara, Associate Professor, Pathology Department, PDU Medical College, Rajkot. These seminars are being held all over Gujarat as a joint initiative by Indian Medical Association, Saurashtra University and Gujarat Police.

The lecture was very informative and the slideshow was very graphical and humorous. Dr. Bhalara took on a very light hearted and funny approach to the harmful effects of tobacco though there was a grievous undertone to all of it. The faces of the students reflected just the right emotions towards the speech.

The students were also informed about a college initiative titled "Happy Club" that they can join to give back to the society. The club organizes activities that help the environment and the society. The objective being to spreading happiness throughout your surroundings.

Prof. Yuvrajsinh Kanchava concluded the seminar on a positive note for all the students and gave a vote of thanks to the guest of honor.



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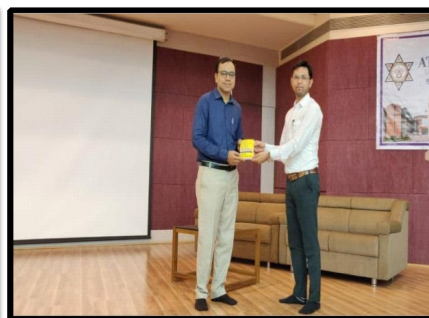
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### SUMMARY REPORT

**Tree Plantation Activity at Bhangeshwar Mahadev, Tithava, Wankaner**

**Date – 28/07/2019**

**Organizer – Atmiya University**

<b>Objective</b>	<b>: To conserve nature.</b>
<b>Venue</b>	<b>: Bhangeshwar Mahadev Temple</b>
<b>NSS Programme Officer</b>	<b>: Prof. Yuvrajsinh Kanchava</b>
<b>Student Coordinator</b>	<b>: Karan Rathod</b>
<b>Name of guest/expert</b>	<b>: N.A.</b>
<b>No. of Participants</b>	<b>: 70</b>



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	<b>Criterion 3</b>	<b>R, I &amp; E</b>
	<b>KI 3.6</b>	<b>M 3.6.1</b>

### Description of activity:

A Tree plantation program was arranged on 28<sup>th</sup> July, 2019 by NSS unit of Atmiya University at Bhangeshwar Mahadev, near village Tithave, Wankaner along with the NSS unit of Shri M. N. Virani Science College, NCC unit of Atmiya University and Happiness Club in collaboration with the Green Team of Rajkot and the trust of the temple.

A team of 65 students along with 5 faculty members Yuvrajsinh Kanchava (NSS officer, Atmiya University) from Mechanical Engineering Department, Paras Kalariya from Information & Technology Engineering Department, Ashraf Mathakiya from Civil Engineering Department, Suresh Koradiya (NCC officer) and Rahul Gohil (NSS officer, Shri M. N. Virani Science College) actively participated in the tree plantation activity. Mr. BharatBhai Korat was the member from the Green Team Rajkot along with trustees of the Temple for planning the plantation of trees.

Different varieties of trees were planted according to the miyawaki method of afforestation / planting trees. The Miyawaki method involves planting a number of different types of trees close together in a small pit. By closely planting many random trees close together in a small area enriches the green cover and reinforces the richness of the land. This will lead to co-existence of plants and as a matter of fact each plant draws from the other vital nutrients and they grow to become strong and healthy. More than 500 plants of nearly 24 different varieties were planted by the students in a 4 hours of time period.

Mr. Bharatbhai Korat explained the Miyawaki method and its benefits to the students along with the need for conservation of nature by planting the trees and using the resources rightly. The program was coordinated by the NSS Program officer Mr. Yuvrajsinh Kanchava and NCC officer Mr. Suresh Koradiya.



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**SUMMARY REPORT**

**“WINTER CLOTHES DISTRIBUTION”**

**Date – 19/12/2018**



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**Name of Department** : NSS Unit of Atmiya University  
**Name of the activity** : Winter clothes distribution  
**Objective** : To help the poor people  
**Venue** : Atmiya Campus  
**NSS Programme Office** : Jaimin G Pandya  
**Event Faculty Coordinator** : Jaimin G Pandya,  
Pooja V Kalola,  
Yuvrajsinh B. Kanchava  
Prachal A Jadeja and  
Rachana R Buch  
**Student Coordinator** : Manan Thaker,  
Naman Pandya and  
Maulik Jayswal  
**Name of guest/expert** : Dr. A. M. Kothari,  
Dr G. D. Acharya,  
Dr P. S. Puranik  
**No. of Participants** : 21

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## WINTER CLOTHES DISTRIBUTION

### Participant List

1	Thaker Manan
2	Jayswal Maulik
3	Pandya Naman
4	Dharsandiya Rushi
5	Rathod Karanbhai
6	Pitroda Neeraj
7	Vachhani Darshan
8	Lakkad Bhargav
9	Anadakat Prem
10	Gohil Dharmik
11	Kuriya Hiren
12	Chudasama Rajdipsinh
13	Dhameliya Vishantkumar
14	Mangroliya Sneh
15	Vora yash
16	Dadhanania Suril
17	Sardhara Alvish
18	Limnasiya Drupal
19	Adtani Bhavesh
20	Solgama Twisha
21	Shukla Vishva

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## WINTER CLOTHES DISTRIBUTION

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**WINTER CLOTHES DISTRIBUTION**



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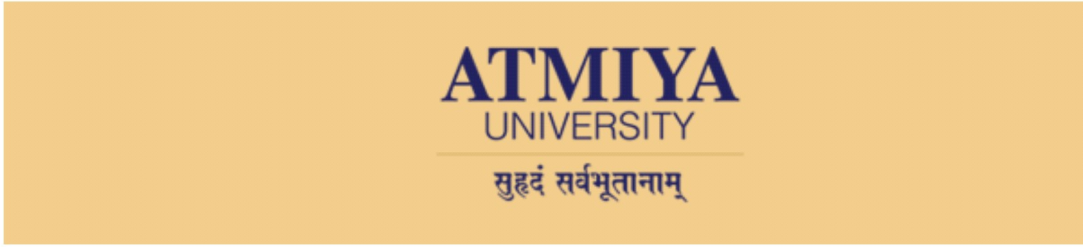
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## NEWS



**Report on**  
**Socially Relevant Projects accomplished on nature friendly technologies**  
**"Bio-ink"**

**Patron – P. P. Tyagvallabh Swamiji, President, Atmiya University**

**Initiated by: Faculty of Science, Atmiya University**

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### **What is BIO-INK? & Motivation Behind**

The temple 'Haridarshanam' is a hub of worship and devotion on Atmiya University campus. The flowering offerings to the deities (murtis), once removed are applied to generate a variety of products from Bio-ink, Growth media, Holi colors, Paints and Hair dyes.

This is a unique sustainable practice, where students are introduced to the concept of research and development in order to bring these products into existence and to upgrade them for market.

 +91 281 2563445   
 +91 281 2563952   
 admin@atmiyauni.ac.in   
 www.atmiyauni.ac.in



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**NEWS**



**Supporting Sustainable Development Goals (SDG)**





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To,  
The Commandant  
SRPF GR. 13,  
Ghanteshwar, Rajkot

**Subject: Confirmation of Training Program on "Introduction to Jeevan Vidya"**

Thank you for your thoughtful request letter dated 29/2/2024. We acknowledge your commitment to enhancing value-based learning at SRPF Camp, Rajkot. We are pleased to inform you that your request has been accepted, and Mr. Ankit Kalariya conducted the workshop/shivir on "Introduction to Jeevan Vidya" for your staff members. The program is scheduled to take place from 1/3/2024 to 7/1/2024, spanning 7 Days. The outlined topics align well with our expertise, and facilitator's sessions will significantly impact personality development, emphasize responsibility and ethical principles, and improve relationships within the College community. We need testimonials for our records that includes a banner stating source material from मध्यस्थ दर्शन सह-अस्तित्ववाद प्रणेता ए. नागराज। A group photograph of participants and a news as per sample attached.

Best Regards,

  
Jigar Ratnottar,

Coordinator,

School of Consciousness Development Value Education,

Faculty of Transformative Education (FoTE)

Atmiya University, Rajkot, Gujarat.

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**UHV Expert Session in GEC Eng. College, Rajkot**



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## Activities with children (children age group from: - 2 years to 15 years)

### Objective of the activities

- To incorporate value based education in the children
- To make them learn and explore the behavioral aspects, emotional aspects and some skill based aspects of life.
- To realize them that the actual meaning of education is to be in harmony in one self, family, society and nature.
- To provide a competitive free environment where they learn to cooperate with each other and enjoy it.

### Types of activities

- Game playing where they can be involved physically and support each other
- Exploring nature (Plants nursery visit and showing them how the plants grow and make them perform practically and nurture the same at home) (children above 9 years are given some scientific observations like how big/wide plants is grown every day, how much area is needed to grow different types of plants etc. (small kids are just given the responsibility of nurturing the plants by watering and caring.
- Scientific experiments to make them understand laws of nature.
- Common Group discussion with all children where discussion about different topics like how their family members support them for their daily routines and school work, when they feel happy, when they feel angry etc.
- Skill based learning like participation of children in different cooking activities like bhel, limbu sharbat etc and even participation in serving others and then later on sharing of all on the activities performed by them and what they learned.

### Children and parents feedback for the activities

#### ● Children feedback

- We enjoy in the activities
- We feel mentally free and relax in the entire duration of the activities
- We feel related with each other

#### ● Parents feedback

- Our kids has lot of fun with learn
- There are some behavioral changes in our kids with respect to support at home, gratitude towards family members and nature.
- They are now spending some time on physically activity rather than mobile phones and T.V

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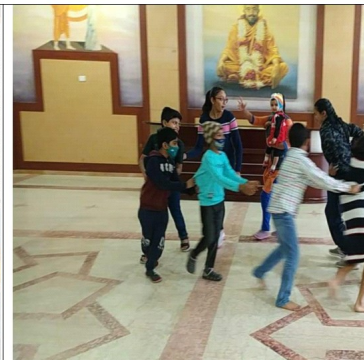


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Some glimpse of the activity



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**SUMMARY REPORT**

**[4 day's Student Workshop on**

**“Role of Education for Holistic Development”]**

**Date: 02/03/2021 to 05/03/2021**

**Facilitator: Mr. Jigar Ratnottar**

**No. of Participants – 71**

**About Shivir: -**

The Shivir is in a form of proposal. One should verify all the proposals based on their Natural Acceptance. Before this shivir already 10 days online sessions having 2 hrs. conducted by Jigar Ratnottar during Lockdown Period, so the students are quite familiar with the basic concepts.

Lokbharti Vidyalyal invited the Facilitator from Atmiya University and requested to conduct the face-to-face shivir for their T.Y. BRS students. So from UHV Cell, Mr. Jigar Ratnottar went there and conducted 4-Days Jeevan Vidya Parichay Shivir.

Overall discussion during those 4-days is given below:

Day 1: Understanding the Harmony in the Individual

Day 2: Activities of Self

Day 3: Understanding the Harmony in relationship

Day 4: Understanding the Harmony in the Nature



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### Workshop Schedule:

- 1) 1<sup>st</sup>Session: - 7:30 am – 10.30 am
- 2) 2<sup>nd</sup>Session: -2.30pm – 5.00pm

### Glimpse: -



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# ATMIYA UNIVERSITY

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**Title of the Activity:** Glorifying the Youth

**Activity Schedule:** 25<sup>th</sup> Feb 2021 to 1<sup>st</sup> March 2021

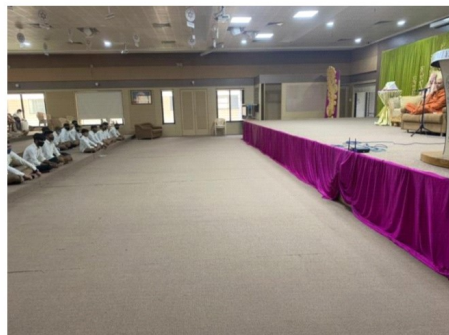
**Resource Person:** P. P. Dharmkishor Swami, Haridham, Sokhada

**Participants:**

Sr. No.	Department	Date
1	CS & IT	25/2/2021
2	IC	26/2/2021
3	Microbiology	26/2/2021
4	Biotechnology	26/2/2021
5	School Students (Std. 6 to 10)	27/2/2021
6	School Students (Std. 11 to 12)	1/3/2021
7	Chemistry	1/3/2021
8	Bio Chemistry	1/3/2021
9	Maths	1/3/2021

**About Activity:**

The entire activity was aimed to enlighten youth about the threats in their life and to motivate them with rich spirituality path that calms the hectic mindset of the youth dealing with distractions and life accidents. Optimism is the path to be shown to the youth for enhancing their hidden potential, patience would be the key that happens to be the eventual result of spirituality. The impact of youthfulness requires grooming at a very perfect guidance about good company and right catalyst to boost into the glorious life.





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S.S.C. Index No.: 68.0451

School Dis Code: 24221500404

H.S.C. Index No.: 18.0583



## SVP School

(Managed by: SVP Education Trust)

Opp. Lake view Garden, Piplod, Surat. Ph.: 0261-2212941, 2258718

Ref. No.:SVP/Pri/Sec/413/2024

Date: 23/02/2024

To,

The Co-ordinator,

School of value education consciousness Development,

Faculty of Transformative Education,

Atmiya University, Rajkot, Gujarat.

**Subject:** Request letter to conduct Jivan Vidhya - Introductory workshop for 100 plus students and teachers of S.V.P. School, Surat

Respected Sir,

I am writing to request a Jeevan Vidhya Adhyayan session for 1 week at our campus from 25/02/2024 to 02/03/2024, and allocate Mr. Vishalbhai as resource person for the same.

I have always been keen to impart a value-based learning to our students and teachers which can help them in managing their personal and professional life in a better way and contribute positively in service of society and nation.

As a student of Madhyastha Darshan myself, I'm confident that with this session, we can create a happier and more productive and positive team which can be a model for other schools to follow.

Along with session, I also request to conduct a study for research purpose on impact of this training through pre and post training questionnaire. If circumstances permit, we wish to conduct this session for remaining students and their family as well.



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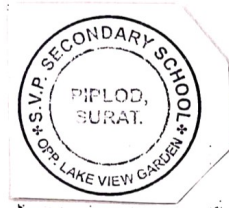
In that case our professionally conducted study on impact of this content on personal, professional, social life of these trainees will be extremely useful in spreading this content to other schools and make it part of basic training of all students and teachers.

I'm confident that this training will bring a considerable shift in way of thinking, behaving and functioning of our school. Looking at enormous possibilities of positive outcomes of this session, you are humbly requested to permit Mr. Vishalbhai to conduct the session as resource person.

Thanking you,

Yours Sincerely,

Dr. R. K. Indulkar  
Principal  
S.V.P. School



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## SPORTS, YOGA & HEALTH FORUM ACTIVITY



# Atmiya University

## School of Diploma Studies

### Faculty of Engineering and Technology



### SUMMARY REPORT

[Pranayama, Mudra & 3SRB for Overall Health]

**Patron – Param Pujya Tyagvallabh Swamiji, Secretary, Sarvodaya Kelavani Samaj**

**Chief Convener – Dr. M.S. Kagathara, Principal**

**Convener – Prof. M.M.Pankhaniya, DME, SoDS**

**Organizer – Sports, Yoga and Health Forum**

**Speaker – Dr. M.S. Kagathara, Principal**

**Mr. M.M.Pankhaniya, DME Lecture, SoDS**

**Mr. M.R.Chotaliya, DME Lecturer, SoDS**

**Mrs. K.V.Paradava, DCE Lecturer, SoDS**

**Ms. U.R.Ladani, DH&S Lecturer, SoDS**

**No. of Participants (Students) – 243**

**No. of Participants (Faculties) – 22**



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## **SPORTS, YOGA & HEALTH FORUM ACTIVITY**

### **TOPIC: Pranayama, Mudra, 3SRB for Overall Health**

Among the various topics of Sports, yoga & health Forum Activities, the sessions on “Pranayama, mudra & 3SRB for overall health” were conducted in various departments of diploma engineering studies, Atmiya University by respective faculties as follows;

#### **Topic: “Pranayama, mudra & 3SRB for overall health”**

#### **Division Wise Session Distribution**

Day	Date	Division	Lecture No.	Room No.	Faculty Name
Monday	22/11/21	FX	5	Rangoli hall opposite front door of central auditorium	Dr.M.S.Kagathara
Tuesday	23/11/21	AY	5		M.R.Chotaliya
Wednesday	24/11/21	EA, DX	6		K.V.Paradava
Thursday	25/11/21	BY	3		M.M.Pankhaniya
Friday	26/11/21	AX	6		U.R.Ladani
Saturday	27/11/21	BX	1		M.M.Pankhaniya

In this pandemic situation of 2021 it is needed to work on our health. For that pranayama, mudra & 3 steps systematic rhythmic breathing are the very helpful tool to gain overall health. It is very much useful to recover from corona pandemic. So it is advised to spare atleast 15-20 minutes of over lives to practice these things. It can be practiced by all age group.

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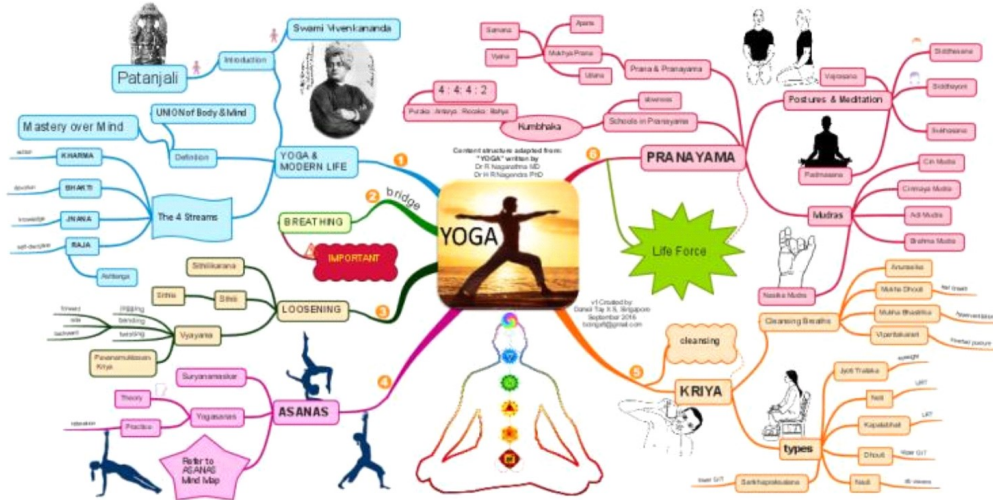
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**SPORTS, YOGA & HEALTH FORUM ACTIVITY**



1. **Pranayama:** Pranayama is the practice of breath regulation. It's a main component of yoga, an exercise for physical and mental wellness. In Sanskrit, “prana” means life energy and “yama” means control. The practice of pranayama involves breathing exercises and patterns
2. **Mudra:** mudra, Sanskrit Mudra, (“seal,” “mark,” or “gesture”), in Buddhism and Hinduism, a symbolic gesture of the hands and fingers used either in ceremonies and dance or in sculpture and painting. ... Mudras in sculpture and other visual arts, being necessarily immobile, are relatively restricted in number.
3. **3SRB:** 3SRB is an ancient technique of breathing that calms the mind and brings total physical, emotional, and mental health to our body-brain system.



## **SPORTS, YOGA & HEALTH FORUM ACTIVITY**

- **Need of Pranayama, mudras & 3SRB:**

The goal of pranayama is to strengthen the connection between your body and mind. According to research, pranayama can promote relaxation and mindfulness. It's also proven to support multiple aspects of physical health, including lung function, blood pressure, and brain function.

Mudras help to link the brain to the body, soothe pain, stimulate endorphins, change the mood and increase our vitality. Mudras have been an integral part of many Hindu and Buddhist rituals. They are used extensively in Yoga, meditation and dance.

When we breathe in rhythm we note that every minute the blood of the body passes through the lungs which so far were never in harmony with the astral breath and this conflict was reflected on our physical, mental and emotional health. Once this rhythm is established the lungs benefit the most and instead of imposing disharmony and conflict on every cell of the blood they pass on harmony and rhythm. Time and again blood returns to the lungs and time and again harmony and rhythm is passed on to each cell which in turn supply energy, rhythm and harmony to the entire body.

- **Outcome of Pranayama, mudras & 3SRB:**

- ✓ One can enjoy good physical mental, emotional and psychic health i.e. total health.
- ✓ One can find peace of mind i.e. the turbulence in the thinking instrument is calmed down -the intensities and frequencies of wrong and unwanted thoughts will reduce.
- ✓ Slowly one embraces automatically and without any motives the good and the higher path of life without false religiosity and or blind adherence to rites, ceremonies & rituals.
- ✓ In clinical studies , a technique known as Bhramari pranayama was shown to slow down breathing and heart rate when practiced for 5 minutes. This may help calm your body for sleep.
- ✓ Mudras help to link the brain to the body, soothe pain, stimulate endorphins, change the mood and increase our vitality.

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**SPORTS, YOGA & HEALTH FORUM ACTIVITY**

PHOTO GALLERY



1<sup>st</sup> Sem – Electrical Engineering



1<sup>st</sup> Sem – Automobile Engineering



1<sup>st</sup> Sem – Mechanical Engineering



1<sup>st</sup> Sem – Computer Engineering



1<sup>st</sup> Sem – Computer Engineering

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**SPORTS, YOGA & HEALTH FORUM ACTIVITY**



1<sup>st</sup> Sem – Civil Engineering



1<sup>st</sup> Sem – Mechanical Engineering

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## NEWS



### Report on

"Jeevan Vidhya Shivar, Kaparada"

By Jay Patel-UHV Cell

Date –23<sup>th</sup> April 2022 to 25<sup>th</sup> April 2022

Patron – P. P. TyagvallabhSwamiji,  
Secretary, SarvodayKelavaniSamaj

Chief Convenor – Dr. D. D. Vyas,

Vice Chancellor – Dr. Shiv Kumar Tripathi

Facilitator – Mr. Jay Patel (UHV Cell Member),

Organizer – Anand Niketan Eklavya Model Residential School, Kaparada.

No. of Participants – 160

### About the Event:

This event is organized as a part of social emersion program for introducing Jeevan Vidhya in different Schhol/Collages. This workshop is organized by “**Anand Niketan Eklavya Model Residential School, Kaparada, Valasad.**” specially for Std. 10<sup>th</sup> and 12<sup>th</sup> Science/Commerce students. In this introductory level workshop there are 160 total students and 8 teachers got aware by the cintent of Jeevan Vidhya. This 3 days workshop is conducted by Mr. Jay Patel one of the UHV Cell member. In these 3 Days workshop we discussed on 1. What is Ultimate Goal of Human Life 2. What is Ultimate Success in Human Life and 3. Understanding of our all Activities like Thought, Behavior and Work.



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## NEWS

These workshop conducted by following scheduled:

Like start in morning, **Session-1:** 9 am to 10:30 am then **Break:** 10:30 to 10:45, **Session-2:** 10:45 to 12:30, **Lunch Break:**12:30 to 2:00, **Session-3:** 2:00 to 3:30, **Break:** 3:30 to 3:40, **Session-4:** 3:40 to 5:30, then in Night we arranged one hour **Gosthi in different groups from 8:00 to 9:00pm.**

By conducting this kind of workshop for students we learned many things from their behavior. They are very sincere and pure soul. They attended all 3 days very sincerely and with full hearted. They ask many question related to human life and the quality of questions are very impressive. At Last they share them feedback that what they got from the workshop and important point is they all are satisfied with the event and they want more days to attend so we are going to plan next 2 to 5 days residential workshop at kaprada probably in end of the June.

Gratitude towards whole management of Atmiya University, P.P. Tyagvallabh Swamiji, various deans, HODs, Principals, Faculties and Technical support us to conduct this kind of event.

### Glimpses of the Workshop



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**NEWS**



**Glimpses of the Day-1**



**Sharing and welcome by Principal ShreeVashant Pathak**

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## NEWS



## Glimpses of the Day-2



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## NEWS



## Glimpses of “Gosthi”



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## NEWS



Glimpses of the Day-3 with feedback and valedictory function

**Report Prepared by  
UHV Cell**

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## NEWS

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सुहृदं सर्वभूतानाम्

### Report on

**Socially Relevant Projects accomplished on nature friendly technologies**

**"Off grid decentralized solar power system for home lighting solutions with energy efficient alternatives and sustainable development**

**(A solar-DC initiative)"**

**Patron – P. P. Tyagvallabh Swamiji,**

**President, Atmiya University**

**Coordinator – Mr. Jay Patel and Yuvrajsinh Kanchava**

#### Introduction:

Now a days in our country approximately 65% consumed electricity is generated by thermal power station. There is approximately 72% coal based thermal power station where coal is used as a raw material to generate electricity. Also efficiency of coal based thermal power station is approximately 32% to 42% which is very less and also power transmission and distribution from station to consumer there are power losses also occur is approximately 22% losses are there. So by these data we can understand that power generation and distribution by centralize power station is very tough and less efficient task also loading on power station is very much in this conventional system. So our solar DC initiative is one of the steps towards reducing the loading over power station by decentralizing them using solar power generation system. Another main purpose of doing this project is that, we are indirectly reducing CO2 emission by using this solar DC system. Features of this approach are mentioned below:

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## NEWS

- Solar DC design
- Inverter less design
- Easy to implement (Installation and maintenance possible with local electrician with little training)
- Focus areas of this project: Replicable, Low cost, Easy to install & maintain, Repairable, Easily available components, portable and compact.

### Table showing the contribution towards protecting environment by reducing CO<sub>2</sub> emission using

Sr. No.	Appliances (12VDC)	Power (Watt)	Hours (Hour)	Wh/day	KWh/year (units) (Appx.)	*Reduction In CO <sub>2</sub> Emission Per year per family (Kg) (Appx.)	Reduction In CO <sub>2</sub> Emission Per year per 10 family (Kg)(Appx.)	Reduction In CO <sub>2</sub> Emission Per year per 100 family (Kg)(Appx.)	Reduction In CO <sub>2</sub> Emission Per year per 1000 family (Kg)(Appx.)	**Equivalent number of trees saved per year for 1000 family
1.	DC LED Bulb	3W	10H	30Wh	11KWh	9Kg.	90Kg.	900Kg.	9000Kg.	409
2.	DC LED Bulb	5W		50Wh	18.25KWh	14.6Kg	146Kg	1460Kg	14600Kg	664
3.	DC LED Bulb	8W		80Wh	29.2KWh	23.4Kg	234Kg	2340Kg	23400Kg	1062
4.	DC LED Bulb	12W		120Wh	43.8KWh	35Kg	350Kg	3500Kg	35000Kg	1593
5.	Table Fan	15W	1H	15Wh	5.5KWh	4.4Kg	44Kg	440Kg	4400Kg	200
			2H	30Wh	11KWh	9Kg	90Kg	900Kg	9000Kg	409
			3H	45Wh	16.5KWh	13.2Kg	132Kg	1320Kg	13200Kg	600
7.	Table Fan + DC LED Bulb	15W	6H	90Wh	51.1KWh	40.9Kg	409Kg	4090Kg	40900Kg	1860
		5W	10H	50Wh						
		TotalWh/day		140Wh						

\*1 KWh is equivalent to approximately 0.8Kg CO<sub>2</sub> emission

\*\* One mature tree absorbs approximate 22Kg CO<sub>2</sub> per year

Wh means Watt multiplied with hour so it is called Watt-hour. KWh means Kilowatt-hour and 1KWh=1000Wh  
1KWh is equal to 1 unit of electricity used.

Used Reference and Source

[cea.nic.in/reports/others/thermal/tpece/cdm\\_co2/user\\_guide\\_ver10.pdf](http://cea.nic.in/reports/others/thermal/tpece/cdm_co2/user_guide_ver10.pdf)

[www.arborenonvironmentalalliance.com/carbon-tree-facts.asp](http://www.arborenonvironmentalalliance.com/carbon-tree-facts.asp)

### Experiment:

A large number of homes are still off-grid, and taking power lines to these homes may be just too expensive. Many more homes have long power cuts. Off grid decentralized solar power system will be more suitable. There are two possibilities for decentralized solar power system. One approach is developing decentralized solar power with DC to AC conversion and run a home. Another approach is to use energy efficient DC appliances for home and use Solar-DC. Here, this energy efficient DC approach is mentioned. A Solar-DC system would save about 35-40% of the power as compared to a solar-AC system. With DC appliances, energy savings is associated. Efficiency is also improved. With this improvement it is possible to have lower sized solar panel and smaller battery size. This leads to cost savings as compared to solar-AC system. Such a decentralized system offers economical, affordable and

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## NEWS

sustainable solution for off-grid homes and homes with large power cuts. This is also useful for grid-connected homes in saving power bills as well as providing back up power. Here we can explain one minimum model of this system in system design category.

### System Design:

The design component is mentioned below:

1. Solar Panel
2. Solar Charge Controller
3. Battery
4. Wire size

### Module:



Photo of prototype developed

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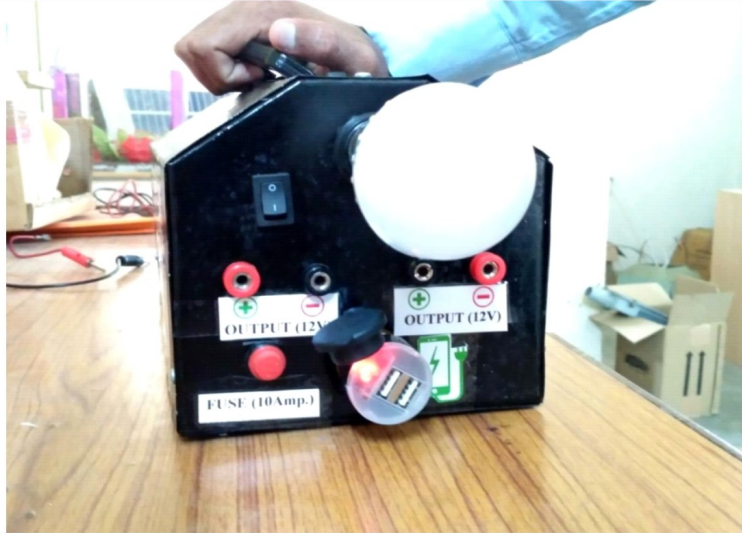
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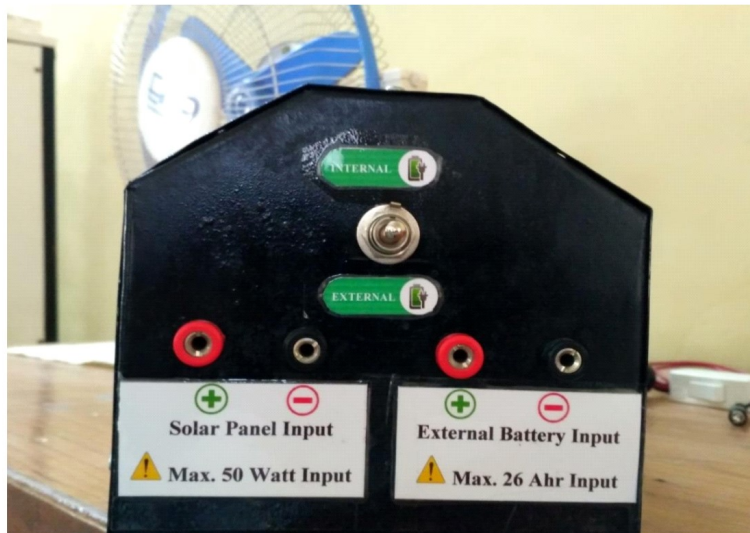




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**Front side connection**



**Back side connections**

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**NEWS**

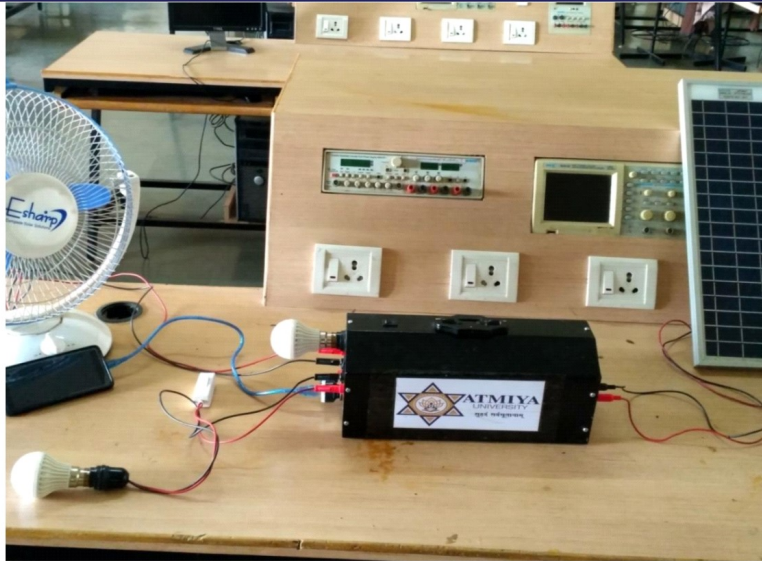
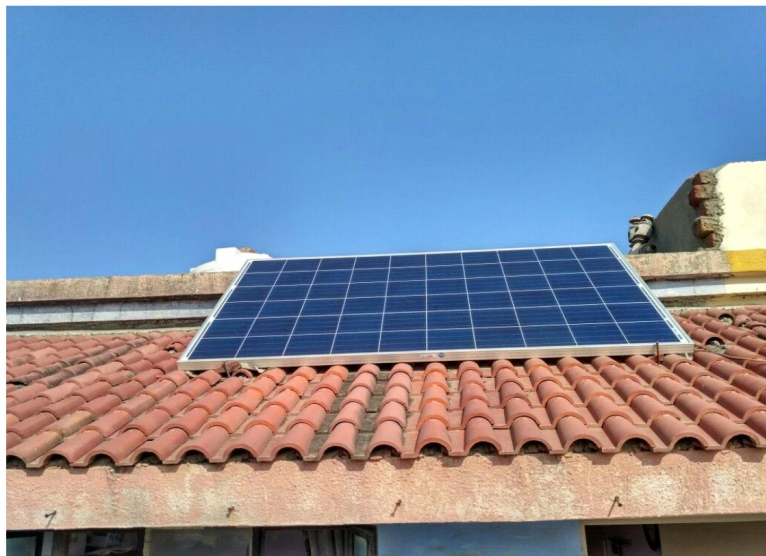


Photo of overall system with connections



250 watt solar panel

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### Expected Outcome:

- Students will be able to learn the concepts of solar photovoltaics. They will learn various technical specifications of solar panel like open circuit voltage, short circuit current, maximum current at rated power, output voltage at rated power etc.
- Students will be able to justify the need for solar charge controller which will regulate the battery charging process with solar panel.
- Students will be able to develop their own solar charge controller.
- Students will be able to design a complete system which includes solar panel, solar charge controller, required battery size with necessary back up time etc.
- Students will get practical exposure through installations of such systems.

### Contribution To Nature

- Average 4kg (0.8kg\*5units) of CO<sub>2</sub> is emitted indirectly by a normal family
- We have assumed 0.8Kg of CO<sub>2</sub> emission per unit consumption
- With proposed approach we are participating in reducing CO<sub>2</sub> emission
- With proposed 24V DC home solution, it is possible to reduce CO<sub>2</sub> emission by half (assuming 50% of the load is due to fan and light in normal home)

### Comparative Study

- Above system is working satisfactorily. It is designed to run for day and night without grid. Comparing above system with existing 230V, AC system following observations are found. Assuming 230V, AC fan with power consumption of 80Watt and running for 3hours daily, one fan consumes 240Watt-hour energy. Similarly One AC CFL lamp of 18Watt running for 3 hours consumes 54Watt-hour. So, overall energy consumption will be around 134Watt-hour per day. If we use DC appliances it is found overall energy consumption will be around 60Watt-hour. So, almost more than 45-50% energy saving is found with DC appliances. So, while designing decentralized solar system for AC appliances it requires more than double size solar panel and double size battery for equal duration of usage.

### Conclusion:

Conventional thermal power plant emits approximately 0.8Kg of CO<sub>2</sub> per unit (1 kwh) energy consumption. Consider normal family energy consumption is approximately 5 units per day. So, average 4kg (0.8kg\*5units) of CO<sub>2</sub> is emitted indirectly by a normal family. Assume 50% of energy consumption of normal house is due to fan and tube light. So, 2.5 units per day are due to fans and lights only. We can provide 12V/24V DC solar

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solution for fans and tube lights and generate it locally at home itself. With this we can reduce energy consumption of 2.5 units per day and reduce CO<sub>2</sub> emission by half. It means we are participating in reducing CO<sub>2</sub> emission. In this way we can daily reduce 2kg CO<sub>2</sub> emission. Monthly 60kg reduction in CO<sub>2</sub> emission and annually 720kg reduction by only one family. From Carbon and tree facts it is found that one mature tree can absorb only 22kg of CO<sub>2</sub> per year. So, indirectly one family will save around 32 trees per year. So, if we extend such concept to larger mass we can contribute to nature at good extent and participate for energy efficient and sustainable development.

### Achievement:

- UHV Cell presented one paper in *23rd ISTE State Annual Convention and National Conference on “Role of innovation & Human values in Engineering & Technology”*, and got a 1<sup>st</sup> rank in the event.
- Paper is attached along with the document.

### References & Source Used

- Prabhjot Kaur, Sudeep Jain, Ashok Jhunjhunwala “Solar-DC Deployment Experience in Off-Grid and Near Off-Grid Homes: Economics, Technology and Policy Analysis” IEEE First International conference on DC Microgrids. June, 2015.
- Centre of Excellence for Decentralized Power Systems, Indian Institute of Technology, Madras India. [www.go-dc.in](http://www.go-dc.in)

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## JEEVAN KRIYA SERIES

SESSION 1



DATE: 8/4/2022

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## Summary of Jeevan Kriya Session1



### चर्चा के बिंदु

- मजबूत जीवन (Self) और शरीर (Body) का सन्तुलित स्वरूप है उसके उपर थकने की चर्चा है।
- जब जीवन को समझने में जतन है तो उससे स्पष्ट दृष्टि मिलती है।
- उसमें सबसे पहले आज मन की दो रथियों के उपर बतल है, जिनमें सबसे पहले यह ध्यान गया की मन सुख के लिए तैयार है और जीवन में जो सुख के लिए आसक्ति हो रही है वह तभी तक से है।
- 1. रुचि मनुक (सिद्धि के दिन चर्चा के लिए है)
- 2. मनुक मनुक (समृद्धि के दिनों पर चर्चा है)
- 3. रथ मनुक (समृद्धि, अभय, सह-अभक्ति के दिनों) - नरक है।
- करीब 13 रथों इस रथ में थे और कफ़ीसके रथ अपने नवीजों से निकल कर आए।
- सभी का यह कहना था कि हमें और आगे की रथियों के बारे में भी समझना है तो अब इसको एक शृंखला के तौर पर चरचा जायगी।
- कर हम मन से उपर की रथियाँ जेस्तु (वचन) के उपर चर्चा करेंगे।

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## JEEVAN KRIYA SERIES

SESSION 1



DATE: 8/4/2022

जोभीआत्मदी तवजन इस जर्वन रियचकीशुक्तिर चमेजडुनच  
चक्के उन सभीकचतवबाहिः

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## NEWS

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सुहृदं सर्वभूतानाम्

**Report on**

**Socially Relevant Projects accomplished on nature friendly technologies**

**“SOUMYA HERBLE & NATURE FRIENDLY SOAP”**

**Patron – P. P. Tyagvallabh Swamiji, President, Atmiya University**

**Initiated by: UHV Cell, Atmiya University**

### **SOUMYA HERBLE & NATURE FRIENDLY SOAP**

We started our swavlamban activity on 2018. We are a group of families who are professionally faculties at engineering and pharmacy institute. We are also learner of "Co-Existential Philosophy". During our learning of this philosophy we found requirement of natural and chemical free products for our family and kids. We also learn the importance of self reliant (swavlamban), Human nowadays became so much dependant on market for their daily needs. We found that market is not safe to buy our daily needs. There are lots of harmful chemical ingredients we found during our study of these products like soap, toothpaste, vegetables, fruits, biscuits, hair oil, etc. So combining the need of swavlamban and to complete our daily needs the idea arise to start making healthy natural products for or families and groups. Under the brand name "Soumya", we bring high quality products in our area. Soon our products become popular in many families. Our passion for excellence drove us from the beginning and continues to drive us today. We are selling our products to direct customers. We are continuously adding new products to our store. To find out more, take a look at our website, visit our store, email us, or pick up the phone and give us a call! We look forward to meeting you.

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### SOUMYA TEAM:

- **Chetna Gohil**  
 After adding Chetna Gohil to the staff as our new Assistant Manager, it really felt like our team took a giant leap forward. They are not only great at managing their own responsibilities, but serve as a great example for our less experienced employees.
- **Pinal Kalariya**  
 Pinal Kalariya has been a part of the Soumya Handmade Herbal Products family from the start, and plays a vital role in making sure our clients receive top-notch service and leave the store with a satisfactory shopping experience.
- **Anjali Patel**  
 If you call or visit Soumya Handmade Herbal Products, chances are high you'll meet Anjali Patel, our Production Manager. They are an invaluable member of our staff with the experience and personality to boot.
- **Varsha Kyada**  
 If you call or visit Soumya Handmade Herbal Products, chances are high you'll meet Varsha Kyada, our Store Manager. They are an invaluable member of our staff with the experience and personality to boot.



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**NEWS**



**Supporting Sustainable Development Goals (SDG)**



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**NEWS**

स्वावलंबन पूर्वक जीने के प्रयास रूप "सौम्य" नाम से हर्बल उत्पाद बनाना

**Soumya**

Handmade Herbal Soap

Charcoal

Neem

Turmeric

Calamine



Connect with us...

Contact: Paras Kalaniya - 9714511718  
Chitra Gohil - 9978934454  
- 9979372269  
Email: samvudhikendra@gmail.com

स्वावलंबन से समृद्धि

व्यवहार  
के लिए उत्पादन



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सुहृदं सर्वभूतानाम्

### Report on

**Socially Relevant Projects accomplished on nature friendly technologies**

### "Terrace farming"

**Patron – P. P. Tyagvallabh Swamiji,  
President, Atmiya University**

**Coordinator – Asst Prof Ankit Kalariya, UHV Cell Member**

#### Aim:

After learning harmony with nature in UHV it is become our duty to do something with nature so i tried In today's urban environment high rise buildings, parking areas, network of roads have acquired major urban land. In such congested environment rooftop and terrace of buildings provide a valuable potential source of outdoor space accessible to users of building. Need of terrace gardens have increased with increasing number of high rise buildings which deprive their occupants of any visual contact with nature. Terrace gardens bring back the missing link between man and nature though on a moderate scale.

#### Basic Requirements:

- Planters/ Terrace with good quality soil
- Fertilizers
- Seeds
- Watering Can/Pump:
- Trowels

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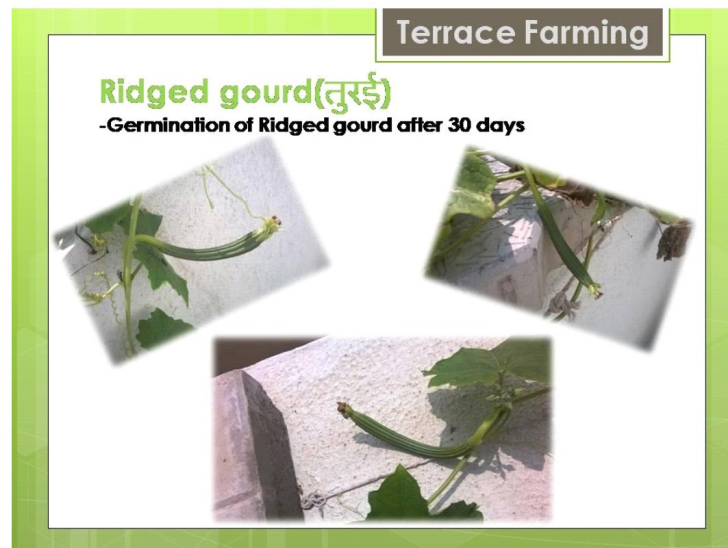
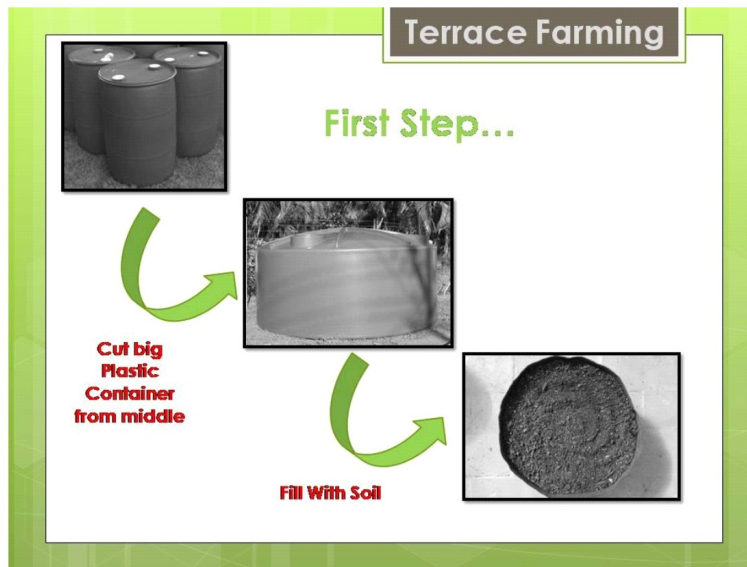




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- Gloves:
- Etc...

Steps:



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**NEWS**

**Terrace Farming**

**Ridged gourd(तुरई)**  
-After 45 days Ridged gourd is ready to eat



**Terrace Farming**

**Ripen Ridged gourd(तुरई)**





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**NEWS**

**Terrace Farming**

**Cluster Bean(ग्वार)**

**Terrace Farming**

**Onion(प्याज)**  
- It takes only 30 years to grow.

Step-1 Take small onions as seed

Step-2 Make small dig size of onion

Step-3 after 15 days onion plant





**NEWS**

**Terrace Farming**

**Advantages**

- Fresh Vegetables to eat
- Satisfaction of growing something useful
- Playing Area for Children
- Leaves protect direct sun light on terrace can reduce temperature of room
- Hobby that provides exercise
- Some responsibility towards nature
- Gives confidence to do farming

**Terrace Farming**

**This all can possible in small space of terrace**



**Result of small effort**



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**NEWS**



**CONCLUSION**

As the world is heading towards the depletion of natural resources and the loss of forest/garden area due to urbanization, there is a dire need of terrace gardens. Due to the population explosion with a house for every citizen in the country, all the open areas are eaten away by concrete buildings. This has created the ecological imbalance, which can cause tremendous harm to our future generations. When we cannot avoid utilizing open spaces on the ground for the construction of buildings and other utilities, then at least the open spaces available above these buildings can be utilized for plantations and gardens to minimize the ecological imbalance, if not eliminate it altogether. There are many benefits of these terrace gardens, such as waste recycling, ecological benefits, energy conservation, water conservation, decorative enhancement of buildings, occupant’s health benefits and attracting birds and insects.

**REFERENCES**

- Green Roofs-United States EPA
- Scholars Research Library-2012
- Green Roofs-Wikipedia
- Bijli Bachao Team-2015
- 6Roof Garden Impact on Energy Savings -Patric Dixon

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 PAN: AAATD 1509 P TAN: RKTS 01517 F  
 Rosary School Eng. Med. -- S D f S o # \_ 5 H ; q & q D f g I T f q \* \_ \$ Z v \$ # T f ? Z \_ v \_ ) v ( \$  
 Rosary School Guj. Med. -- S D f S o # \_ 5 H ; q K q ) ! c D f g I T f q ! ! & Z \$ v Z 5 T f ? Z \_ v \_ 5 v ) !

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 Chanakya Madhyamik Shala S D f S o D X A v G ? X f f v U v H G ) ) v ! ! ! # v Z \_ U f W l G U Z ? T f ? # v Z v Z \_ \_ \_ Index: 64.444  
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Dt: 11/06/2024

To,  
 Prof. Jigar Ratnottar  
 Coordinator, CVMS Cell  
 School of Consciousness Development and  
 Value Education, FOTE,  
 Atmiya University  
 Kalawad Road, Rajkot

Dear Prof. Ratnottar,

I hope this letter finds you in good health and high spirits.

On behalf of Rosary School, I would like to extend our heartfelt thanks and deepest gratitude to you for conducting the enlightening three-day workshop on "Humanization of Education." Your expertise and passion for value-based education and community development were truly inspiring and provided our teachers with invaluable insights and guidance.

Your sessions were meticulously planned and executed, and they significantly enhanced our understanding of how to integrate human values into our educational practices. The practical strategies and real-world examples you shared were particularly beneficial, equipping our teachers with the tools to foster a more compassionate, inclusive, and community-oriented educational environment.

The workshop was not only a great learning experience but also a powerful reminder of the crucial role educators play in shaping the minds and hearts of future generations. Your emphasis on the importance of community involvement in education has sparked a renewed commitment among our staff to engage more actively with the community, ensuring that our students receive a holistic and well-rounded education.

Your dedication to the cause of humanizing education is truly commendable, and we are incredibly grateful for the time and effort you devoted to this workshop. It was a privilege to learn from someone of your caliber, and we are confident that the knowledge and insights gained will have a lasting impact on our teaching methodologies and community engagement efforts.

Thank you once again for your invaluable contribution. We look forward to the possibility of future collaborations and wish you continued success in all your endeavors.

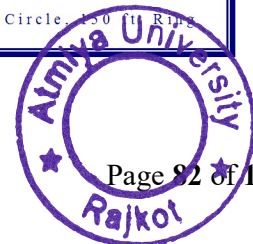
With warm regards,

*Vishal Varia*  
 Dr. Vishal Varia  
 Director

Managed By: Rosary Group web: [www.rosaryschoolrajkot.org](http://www.rosaryschoolrajkot.org) email: [mail@rosaryschoolrajkot.org](mailto:mail@rosaryschoolrajkot.org)  
 Primary School Section: 1, Somnath Plots, Near Raiya Tele. Exchange, 150 Ft. Ring Road, Rajkot - 360 005 Ph. 0281 - 2577447  
 High School Section: Rosary Building, Chandan Park Main Road, Near Raiya Circle, 150 Ft. Ring Road, Rajkot - 360 005 Ph. 7575044333

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 3/6/2021

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Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Priyank Dada	Assistant Professor	
2	Dr. Manhas S. Karghan	Associate Dean - SDCS	
3	Jigasa Ratnottar	UHV cell- coordinator	
4	Ankit Kalariya	UHV Cell - Member	
5	Vishal Chhaya	UHV cell Member	
6	Nisha K. Nersadia	Asst. Prof.	
7	Dr. Denundra Kamezija	Asst. Prof.	
8	VJAY DANDWANI	UHV Cell Member	
9	Dhawal Chavda	UHV cell AP.	
10	Sheetal Tank	Librarian	
11	Jay A. Patel	UHV cell Mem.	
12	Dr. G. D. Acharya	Principal AITS	
13	Khyati Joshi	UHV cell Mem.	
14	Rachna Joshi	Asst. Prof.	

### Summary of Topics Discussed:

We started reading "sastra" book from this week - vyavharvadi samajsastra.

First we started from introduction of this book.

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In introduction (परिचय), we found following topics

- व्यवहारवादी समाजशास्त्र का उद्देश्य ।
- समुदायवादी समाज रचना के श्रुत कारण ।
- कैसे समुदायवादी समाज के विकल्प के रूप में  
मध्यस्थ दर्शन - महाशक्तिवाद को समझे ।
- व्यवहारवादी समाजशास्त्र कैसे प्रयोजन, जागृति,  
विकास, पुरस्कृत के लिए उपयोगी है चर्चा कि ।
- मानवीय संविधान का धारक वाहक - भानव ।
- भानव संचितता, संशानशीलता, संवेदनशीलता के  
धारक वाहक के रूप में ।

Topic for next week:

We will start from 1<sup>st</sup> chapter - भानव परंपरा  
में अनेक समुदाय और सामाजिक पराभव एवं वैभव  
सहज संभवित

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 10/6/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr. Manhar S. Kagthans	Associate Dean SADS	[Signature]
2	Priyank Doshi	Asst. Prof.	[Signature]
3	Vishal Chhaya	UHV Cell Member	[Signature]
4	Jigar Rathod	UHV Cell- coordinator	[Signature]
5	Ankit Kalkur	UHV Cell Member	[Signature]
6	VITAY DANDRAMS	UHV Cell Member	[Signature]
7	Dr. D. J. Kamariya	Asst. Prof.	[Signature]
8	Nisra K. Nesadice	Asst. Prof.	[Signature]
9	Ahaval Chaudh	A.P.	[Signature]
10	Jay Patel	UHV cell Mem.	[Signature]
11	Sheetal Tane	Librarian	[Signature]
12	Dr. G. D. Acharjya	Principal AITS	[Signature]

Summary of Topics Discussed:

સુદ્ધિત મેપિંગ પોર એ સમ્મરિ ગ્રીર ચેપ્ટર-1 રી રીડરિંગ પોર

[Signature]

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- "समाज" शब्द की परंपरा की अर्थ में discuss किया।
- "गुन्पी" का महत्व और उसकी आशय।
- धर्म और राज्य गदिका समाज और विदीह का ऊँज।
- कीध की तिन पुन और तार असमानता पर तर्क कि।
- समुदाय और समाज में लीद की समझना।
- धर्म संविधान की हँवए पुसन्नता की इप में देखा गया।
- निदकषं पे तर्क।

Topic for next week:

पूज नं. - 10 की Reading



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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 17/6/2021

Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Vijay Dandwani	UHV Cell Mem.	
2	Jigar Ratnottar	UHV cell-coordinator	
3	Dr. Manhar S. Kethav	Associate Dean	
4	Prjank Desai	Asst. Prof.	
5	Ankit Kalaniya	UHV Cell Member	
6	Dr. D. J. Kananiya	Assit. prof.	
7	Nisha K. Nisadia	Asst. Prof.	
8	Dr. G. D. Acharya	PE	
9	Dr. Sheetal Tank	Librarian	
10	Vishal Chhaya	UHV Cell member	
11	Jay A. Patel	UHV cell member	
12	Khyati Joshi	"	
13	Rachna Joshi	Ass. Prof	

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### Summary of Topics Discussed:

- summary of prev. session, discussion & questions.
- प्रौद्योगिकी-विधि से धरती के वातावरण पे असर

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- पारंपरिक इंधन के स्थान पर प्राकृतिक निचम तथ को ध्यान भी रखते हुये छिने कि व्यवस्था की चर्चा इनमे वैकल्पिक उर्जा स्रोत जैसे solar, wind energy का सदुपयोग ।
- भय = भ्रम = over evaluation, under evaluation & otherwise evaluation - इन तीनों को समझा ।
- भय और प्रतीभन के बीच के difference क्या है ।
- आस्था कि निरंतरता हो सकती है ? इससे सुख कि निरंतरता ?
- शंभुदाय चित्रण के आधार रूप में नस्क, रंग, जाति, भव etc. कि चर्चा ।
- चार पद प्राणपद, आंतपद, देवपद, दिव्यपद ।

Topic for next week:

Pg. No. 18 से शिखा, विज्ञान, शंभुदाय परंपरा के चर्चा, कुछ pending questions केबा ।

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Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 24-6-2021

Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigar Ratnotta	UHV cell-coordinator	
2	Ashwini Chaudhary	A.P.	
3	Vishal Chhaya	UHV Cell Member	
4	Vijay Dandwani	UHV cell Member	
5	Dr. Manhas S. Karghan	Associate Dean	
6	Ankit Kulkarniya	UHV cell Member	
7	Dr. D.J. Kanerija	Assist. Prof.	
8	Nisha K. Nemade	Asst. Prof.	
9	Dr. Sheetal Tank	Librarian	
10	Jay A. Patel	UHV cell Mem.	
11	Dr. G. D. Acharya	Principal AITS	

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Summary of Topics Discussed:

આજ રમને અગતી સમી Topic ના ઘવાં ના અંગે  
Page નુ. 20 ની અપના અદ્યન શરૂ નાયા ।  
છુદ પાંદીંગ વુરશીંગ ના ઘવાં ના ।

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- પુણ્ય પર શાસ્ત્ર કરને અને પુણ્ય પર વિજય પાને લી ભણુ સીદાના ।
- વિજ્ઞાન અને વલનીલાી સી અંશવ લી મિલા વદ મનુવરને દેશવને-  
શુભને- કરને તિ પુષ્ટિવા મી વગાયા ।
- સ્વાસ્થ્ય સંરક્ષણ વા પુમાળ લી દેશા મયા ।
- સદ-અસ્તિત્વ વ્રમ વા વાત્પર્ય । અને સમૃદ્ધિ વા વાત્પર્ય ।
- મલિત વિરલિત લી મામં-દશંચી લી વિદિધ પુવાર લી બાના ।
- આજ હમને હુ સમજા તિ માનવ સંપૂર્ણિત રના વાસ્તા હેં અને  
અંતુલન લી મૂલ આધાર લી બાના ।

Topic for next week:

WIP Will start from Chapter no.- ૯ "લોવશાસ્ત્રી  
શ્રીમાદભગવદ ગીતાની પરિભાષા

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 1-7-21

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigar Rathod	UHV cell- coordinator	[Signature]
2	Piyank Desai	Asst. Professor	[Signature]
3	VIJAY DANDWANI	UHV cell Member	[Signature]
4	Dr. Manhar S. Kothari	Associate Dean	[Signature]
5	Ankit Kalariya	UHV Cell Member	[Signature]
6	Dr. D. J. Kanani	Asst. Prof.	[Signature]
7	Vishal Chhaya	UHV Cell Member	[Signature]
8	Nisha K. Naredia	Asst. Prof.	[Signature]
9	Dhaval Chaudh	A.P.	[Signature]
10	Jay A Patel	UHV Cell Mem.	[Signature]
11	Sheetal Tank	Librarian	[Signature]
12	Dr. G. D. Acharya	Principal XPS	[Signature]
13	Khyati Joshi	UHV Cell Mem.	[Signature]

### Summary of Topics Discussed:

Met started from વ્યવહારવાદી સમાજશાસ્ત્ર ની પરિભાષા  
અને અગતી સેશનમાં મેં આજુ કુજુ ક્વેશ્ચનમાં મેં discussion  
ની આજી લેવાયા

[Signature]

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- વ્યવહારવતી સમાજશાસ્ત્ર વિષય પરિભાષા વિષય વર્ષો વિષય
- વિજ્ઞાનના આ વાસ્તવ વર્તમાન મેં સર્વોત્ક્રમણી સમાધાન મોંદે ઉસજી નિરંતરતા વિષય વર્ષો કું
- સમાજ શબ્દના અર્થ, લક્ષણના વાસ્તવ મોંદે પુજાના વાસ્તવ
- ઉદ્દેશ્ય બી જાહેર મેં વર્ષો વિષય ।
- માનવ સર્જન માનવ વિદિ સે મૂલ્યાંકિત વિષય હાત ।
- જામરૂપ મૂલ્યના વિદિ સે જામરૂપિતગામી જાહેરવિષય વિષય સ્વકલ્પતા

Topic for next week:

We will started From Page. no. 34

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Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 8/7/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Bijank Doshi	Asst. Prof.	
2	Jigna Patnottar	UHV cell- coordinator	
3	Vishal chhaya	UHV cell Member	
4	Dr. manohar S. Karghan	Associate Dean	
5	VIJAY DANDWANI	UHV cell Member	
6	Paras Kalvaniya	UHV cell Member	
7	Jay Patel	"	
8	Dr. G.D. Acharya	Principal AITS	
9	Khyati Joshi	UHV Cell Member	
10	Rachna Joshi	Asst. Prof.	

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Summary of Topics Discussed:

WE started continue activities for  
upward discouse about previous sessions.

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- રચના - વિસ્તારના શ્રે મહુદય શરીર બાલો બા અધ્યયનમય ।
- માનવ મે પુરોતા, પરિપક્વતા ઓર સમગ્રતા બી સાથ અન્તર બી બાલ ।
- શરૂ-મસ્તિષ્ક સ્વરૂપ મે પુર્વેક પરમાણુ કુલ બી અધિક અંશો બી સાથ ગતિપર સ્થિત નિશ્ચિત ઓવરણ બા રહતા ।
- મસ્તિષ્ક મે પુર્વેક કુલ વ્ય સ્થિત વ્યવસ્થા મે ગ્રામીકારી બા શોભા ।
- માનવ બા વિષય ।

Topic for next week:

WIP Will started From Chapter - 3

" બીલન જાગ વિ ઓર બંબી "

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 15/7/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigas Rathod	UHV cell-coordinator	
2	Nisha K. Nisadler	Asst. Prof.	
3	Vishal Chhaya	UHV cell Member	
4	Dr. Manhar S. Kothara	Associate Dean	
5	Bijank Desai	Asst. Prof.	
6	Ankit Kalariya	UHV cell Member	
7	Dr. D. J. Kamariya	Asst. Prof.	
8	Vijay Dandwani	UHV Cell Member	
9	Jay Patel	''	
10	Paras Kalariya	''	
11	Dr. Shrestha Lank	Librarian	
12	Khyati Joshi	UHV cell Member	

### Summary of Topics Discussed:

IMP started from official part for the start  
the discussion about our questions which  
arise from different person

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- શ્રદ્ધ - અસ્તિત્વ બી બાબા ।
- સમૂહાં વ્યવસ્થા શ્રદ્ધ - અસ્તિત્વ હી હીં ઓરે અપની વ્યવસ્થા મીં શ્રદ્ધા મીં સંપૂર્ણ પુણ્ય હીં ।
- દીં પરમાત્મા અંશ બીં પરસ્પરતા મીં દિશ્વતા ડુઝા ઓરેથીં મીં મીં દિશ્વતી હીં, સમજ મીં આતા હીં ।
- માનવ બા માનવ ઓરે પુણ્ય બીં સાથ સંલેહ બીં બારી મીં તવાં કિ.

Topic for next week:

We will started From Page. No. 48.

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 22/7/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	VIJAY DANOWANI	UHV Cell Member	[Signature]
2	Jigaz Ratnathar	UHV cell-coordinator	[Signature]
3	Dr. Manhas S. Kasthan	Associate Dean	[Signature]
4	Priyanka Dasa	Asst. Prof.	[Signature]
5	Vishal Chhaya	UHV Cell Member	[Signature]
6	Ankit Kalwariya	UHV Cell Member	[Signature]
7	Dr. D. J. Kanerija	Asst. Prof.	[Signature]
8	Nisha Mesadia	Asst. Prof.	[Signature]
9	Dr. Sheetal Tane	Librarian	[Signature]
10	Ashwal Chauhan	A.P.	[Signature]
11	Jay A. Patel	UHV Cell Member	[Signature]
12	Paras Kalwariya	"	[Signature]
13	Khyati Joshi	"	[Signature]

Summary of Topics Discussed:

Today we will started from 'यत्किञ्च अस्मिन् को यत्किञ्च'.

[Signature]

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- જાગૃતિ ઊં તિયુ' તીન મહવ્યપુર્ણ અધ્યયન વાવું ઊં જાનાં
- અસ્તિત્વ મીં દવરા ઊંવલ માનવ હીને ઊં વારણ વ્યવહાર ઔર વ્યવસાય સમ્પન્ન હીને વા આધાર ।
- પુમાણીં વા અપેક્ષા ઊં માનવ પરમ્પરા મીં હી વની ડહ હીં ।
- અંપુર્ણ માનવ શક્તિ પાને વા અપેક્ષા સીં હી વંધ પુમાણ ઔર સુવિદ્યા સંગ્રહ વાં સ્વીકારા હીં ।

Topic for next week:

Unit will start from Page No. 60  
about 'સમાજ વા સ્વરૂપ'

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 29-7-2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigar Ratnottaj	UHV cell- coordinator	[Signature]
2	Vijay Dandvani	UHV cell Member	[Signature]
3	Dr. Manhar S. Karghar	Associate Dean	[Signature]
4	Poojan D. Desai	Asst. Prof.	[Signature]
5	Ankit Kalasiya	UHV cell Member	[Signature]
6	Dr. D. J. Ameriya	Assist. Prof.	[Signature]
7	Vishal Chhaya	UHV cell Member	[Signature]
8	Dr. Sheetal Tank	Librarian	[Signature]
9	Paras Kalasiya	UHV cell Member	[Signature]
10	Jay A. Patel	"	[Signature]
11	Dr. G. D. Acharya	Principal AITS	[Signature]
12	Khyati Joshi	UHV cell Member	[Signature]
13	Rachna Joshi	Ass. Prof	[Signature]

Summary of Topics Discussed:

We started A new topic 'વ્યવહારવાદી સમાજ બંધ રચના'

[Handwritten Signature]

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- અર્થશુભ ના વ્યવસ્થા સમાધાન , સમૃદ્ધિ , સ્થાપ , સદ-અસ્તિત્વ હી હૌં ।
- માનવ બાલિ બીં વ્યવસ્થાનવ અર્થશુભ ના દારજ-વાસ્તવતા બી સુખ મી હીના , પરવાનના ।
- અસ્તિત્વ મીં હી રાસાયનિક , ઘંતિબ સ્વના-વિસ્વના બી વેચા ।
- અર્થશુભ સમાધાન ના નિવ્ય સ્ત્રીવ નિ વતાં નિ ।
- સમજ અપની મૂલ્યસુ મીં બાનના , માનના , પરવાનના નિવ્યં વરના ઓર પુમાનિત કરના ।

Topic for next week:

WLF will start from Page. No. 65

ઓર સમી બી મલ મી ઓર ડડ પુષ્ટા નિ નિરાવરણ

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 5/8/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Nisha Nesadia	Asst. Prof.	
2	Jigar Ratnotra	UHV cell- coordinator	
3	Vishal chhaya	UHV cell Member	
4	Dr. Manohar S. Karghan	Associate Dean	
5	Vijay Dandwani	UHV Cell Member	
6	Dr. Sheetal Tale	librarian	
7	Dhaval Chaudhary	AP - AP	
8	Bhoomi Joshi	AP - IT	
9	Paras P. Kalaniya	UHV cell Member	
10	Jay A. Patel	UHV cell Mem.	
11	Rachna Joshi	Ass. prof	

Summary of Topics Discussed:

जीवन अमर पड़े मे है अ आज पढे जीया

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- रचना की विरचना निश्चित है, मानव इंद्रियों को शरीर में एक रचना है।
- धरती को अक्षरों सहित व्यवस्था है और सब कुछ व्यवस्था से भांगल है।
- शरीर को जीवन समझना था शरीर को निश्चित रचना समझने से जागृति प्रमाणीत करे हुए।
- गोलकमाही समाजशास्त्र, (मिमीनमाही) अर्थशास्त्र इंद्रिय को अर्थशास्त्र में परेशना से पढ़ाया जाना है।
- उपभोक्तावाही संस्कृति सदा सदा के अर्थ शास्त्रिक लोका संभव करे है।
- संपूर्ण सुविधा, भांग, अतिमित्र, अर्थशास्त्र से वैश्विक संस्कृति प्रमाणित करे हुए।

Topic for next week:

आजके पाठ Page 72 से शुरू करेंगे.

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 12/8/2021

Registrar  
Atmiya University  
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Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigar Ratnottar	UHV cell- coordinator	
2	Dr. Manish S. Kothari	Associate Dean	
3	Ankit Kalariya	UHV Cell Member	
4	Vijay Dandewani	UHV Cell Member	
5	Dr. D.J. Kamariya	Asst. Prof.	
6	Vishal Chhaya	UHV cell member	
7	Dr. G. D. Acharya	Principal A.T.S	
8	Nisha Nesaralia	Asst. Prof.	
9	Bhoomi Jashi	A.P. - IT	
10	Paras Kalariya	UHV cell mem.	
11	Dr. Sheetal Tank	Librarian	
12	Jay Patel	UHV cell member	

Summary of Topics Discussed: Page 72 to 79 तक 460 लाइन

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- शिक्षा - संयुक्त में विकल्प
- गण, प्रश्न, विवेक, विज्ञान विधि विद्यार्थी में विकल्प
  - अन्वय सुशुद्ध विज्ञान में विकल्प
  - स्वास्थ्य संयुक्त कार्य में विकल्प
  - विद्यार्थी व अध्यापक विधि में विकल्प
  - व्यवहार कार्य विधि में विकल्प
  - उपादान विधि में विकल्प
  - विनिर्भय विधि में विकल्प
  - उपयोग विधि में विकल्प

Topic for next week:

अगले एक Page - 80 से शुरू करेंगे

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 19/8/2021

Registrar  
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Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigar Ratnottar	UHV cell- coordinator	
2	Dr. Manish Sakthara	Associate Dean	
3	Piyanku Doshi	Asst. Prof.	
4	Vishal Chhaya	UHV cell Member	
5	Ankit Kalasiya	UHV cell Member	
6	Dr. Shubhalankar	Librarian	
7	Jay A. Patel	UHV cell Member	
8	Vijay Dandwani	UHV cell Member	
9	Bhoomi Joshi	A.P. -IT	
10	Dr. G. D. Acharyu	Principal AITS	
11	Khyati Jeshi	UHV cell Member	

Summary of Topics Discussed:

વિજ્ઞાપનનો સારો વિચારણા કરી ચકાસીને  
કરી. Page 80 નો અભિપ્રાય પાડવા.  
Page 86 નો અભિપ્રાય પાડવા

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- शिक्षा संस्कार के स्वयं के बारे में चर्चा हुई
- स्वायत्त मानव की परिभाषा स्पष्ट हुई
- मुख्य, अग्रिम, मानक के बारे में स्पष्ट हुई
- सम्मान संबंध पर चर्चा हुई
- सम्मान परस्परता में गुणसंगत है
- संबंध विकसित करने के लिए आधार है
- स्वयं पृथिक् याने, पृथक् उनके, और पृथक् स्वयं का  
उद्देश्य बना ही रहता है

Topic for next week:

We will start from Page no 87

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 26/8/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Vijay Dandani	UHV Cell Member	[Signature]
2	Dr. Manhar S. Kagthara	Associate Dean	[Signature]
3	Vijay Patnottar	UHV cell- coordinator	[Signature]
4	Asst. Prof. K. Desai	Asst. Prof.	[Signature]
5	Dr. G. D. Acharya	PE	[Signature]
6	Vishal Chhaya	UHV cell Member	[Signature]
7	Nisha Mesadia	Asst. Prof.	[Signature]
8	Bhoomi Joshi	A.P. - IT	[Signature]
9	Parees Kalaniya	UHV cell member	[Signature]
10	Rachna Joshi	Ass. prof	[Signature]

Summary of Topics Discussed:

[Signature]

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- દરેકી કે સંતુલન કે છાત્રાણીય કિસ્મે પુરક છે ।
- માનવ સંબંધ, વૈસર્ગિક સંબંધ, છાત્રાણીય સંબંધ કે પ્રતિ જાગૃત લોકો યી સંબંધો કે પરેચાકના મુજબે કેો નિર્દેશ કચ્છે કેા તાત્પર્ય છે ।
- શરીર સ્વસ્થતા કેા મતલબ બીવન બાગૃતિ પૂર્વક પરંપરી મે લક્ત હોને યોગ્ય શરીર ।
- વૈસર્ગિકતા ઓર વાતાવરણ શબ્દો કેા મેડ કેા છે ? ઈસ પર ચર્ચા કિયા ।
- અમી કેા પર્યાવરણીય સ્થીતિ કેા ઉપર અમીઆત્મક ચર્ચા ઓર અપને સે અમી સાર્થકતા કેા સર્ચ મે બી contribution હો શકે ઈસ પર ચર્ચા ।
- મહત્વાકોશા સંબંધી વસ્તુઓ કેા સર્વઉપયોગ કેા ચર્ચા ।

Topic for next week:

pg. No. 93 - માનવ પરિવાર ઓર કાર્ય કેા topic સે શુરુ કરેંગે ।

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 9/9/2021.

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigar Ratnathar	UHV cell-coordinator	
2	Dr. Manohar S. Keshavn	Associate Dean	
3	Vishal Chhaya	UHV cell Member	
4	Pragati Dada	Asst. Prof.	
5	Ankit Kulkarni	UHV cell Member	
6	VIJAY DANDWANI	UHV cell Member	
7	Dr. D.I. Kaveriya	Asst. Prof.	
8	Nisha Nisadia	Asst. Prof.	
9	Bhoomi Joshi	A.P. - IT	
10	Jay Patel	UHV cell	
11	Dr. Sheetal Tane	Libra	
12	Dr. G.D. Acharya	P E	

Summary of Topics Discussed:

- revised previous session.
- स्वायत्त मानव और परिवार मानव कि परिभाषा पे चर्चा।
- स्वायत्त मानव ही परिवार मानव के लिए qualify है।

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- दश शैपानीय व्यवस्था का overview .
- वस्तु के रूप , गुण , स्वभाव , धर्म के बारे में चर्चा ।  
 रूप , गुण कि अविभाज्यता से → वास्तविकता  
 रूप , गुण , स्वभाव कि " " → यथार्थता  
 रूप , गुण , स्वभाव , धर्म कि " " → सन्ध्या
- मानव संस्कारानुषंगी ईकाई है - ११-१ सर्वज्ञ के अनुसार ।
- भगवानी और कित्कीर शब्द के उपर चर्चा ।

Topic for next week:

मानव सहाय ध्यानि इके - Pg. 102 से आगे कि चर्चा ।

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 16/9/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr manhas S. Karghan	Associate Dean	[Signature]
2	VIJAY DANDWANI	UHV cell Member	[Signature]
3	Jigar Ratnottan	UHV cell. coordinator	[Signature]
4	Vishal Chhaya	UHV Cell Member	[Signature]
5	Bryank D. Desai	Asst. Prof.	[Signature]
6	Dr. D.J. Kamariya	ASSIS. Prof	[Signature]
7	B.J. Joshi	A.P. IT	[Signature]
8	Paras Kalaniya	UHV Cell member	[Signature]
9	Dr. Sheetal Tale	Librarian	[Signature]
10	Dr. G. D. Acharju	PE	[Signature]
11	Rachna Joshi	Ass. Prof	[Signature]
12	Khyati Joshi	UHV Cell mem.	[Signature]

### Summary of Topics Discussed:

- जाति शब्द और धर्म शब्द के बिच का भेद ।
- आवश्यक - अनावश्यक का निर्णय - निश्चित कर्म के अर्थ में।

[Signature]

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- स्वाधित भानव और 6 - शदिगुण ।
- भानव शानावस्था के कारण - भानव जाति कि शकता, अखण्डता, अभुणता को पहिचानना ।
- प्राभागीकता भनकव क्या ?
- भानवत्व भनकव क्या और कस है सर्व भानव मे क्षमन है ?
- अस्तित्व से प्रत्येक शक अपने से 'त्व' सहित व्यवस्था है ये शब्द की समझा ।
- अनुबंधित, प्रतिबंधित का अर्थ ।

Topic for next week:

pg. No. 109 से आगे कि Meeting शुरु करेगे ।

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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 23/9/2021

Registrar  
Atmiya University  
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Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr. Manhas S. Keshthana	Associate Dean	KS
2	Jigar Ratnottari	UHV cell-coordinator	JR
3	Priyank D. Desai	Asst. Prof.	PD
4	VIJAY DANDANANS	UHV cell Member	VJ
5	Ankit Kalariya	UHV cell Member	AK
6	Dr. D. J. Kananiya	Asst. Prof.	DK
7	Nisha Naredia	Asst. Prof.	NS
8	Shawal Chaudh	A.P.	SC
9	B. J. Joshi	A.P. - IT	BJ
10	Paras Kalariya	UHV cell member	PK
11	Jay Patel	"	JP
12	Dr. Sheetal Tank	Librarian	ST
13	Dr. G. D. Acharya	PE	GA

### Summary of Topics Discussed:

- summarize the previous session.
- वर्तमान में भविष्य शुभ चाहता है पर इसको कैसे धरित किया जाये वो शर्ता नहि भील।

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- शासन और व्यवस्था वे चर्चा ।
- अस्तित्व में व्यवस्था है , शासन नहीं ।
- मानव धर्म वानि समाधान और उसकी निश्चयता ।
- मानव जाति एक होने के आधार पर  
हि मानव धर्म एक होना ।

Topic for next week:

pg. No. 115 से ।

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 30/9/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Ankit Kalariya	UHV Cell Member	
2	Tiger Ratsotkar	UHV cell- coordinator	
3	Dr. Manhas S. Kashyap	Associate Dean	
4	Priyanka D. Bora	Asst. Prof.	
5	Dr. D. J. Karmaliya	Asst. Prof.	
6	Dr. G. D. Acharya	P.E	
7	Vijay Dandwani	UHV cell Member	
8	Rachna Joshi	Ass. Prof.	
9	B. J. Joshi	A.P. IT	
10	Nisha Nevadia	Asst. Prof.	
11	Jay Patel	UHV Cell Member	
12	Vishal Chhaya	UHV Cell Member	

Summary of Topics Discussed:

- Revision of prev. session,
- विकास परमाणु में होता है, अवस्था में नहीं।
- सर्वतोमुखी समाधान का अर्थ।

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- दश सोपानीय व्यवस्था में यहिवार स्थिति का महत्व और उसके विभिन्न विधा, इसमें मुख्य निर्वाह ।
- काभ - हालि भुक्त विभिन्न प्रणालि ये वर्चो हुई ।
- समुदाय मानसिकता और श्रुतियों से मानव परिचालन है ।
- मानवीय शिक्षा संस्कार कि भुक्तो संस्कार के अर्थ में ।

Topic for next week:

- In Next meeting starts from pg. 118.

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 9 / 12 / 21

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr. Manisha S. Karghan	Associate Dean	[Signature]
2	Nishal Chhaya	UHV cell Member	[Signature]
3	Jigar Ratnottari	UHV cell, coordinator	[Signature]
4	Piyank D. Desai	Asst. Prof.	[Signature]
5	Ankit Kalariya	UHV cell Member	[Signature]
6	VIJAY DANDWANI	UHV cell Member	[Signature]
7	Paras Kalariya	UHV cell Member	[Signature]
8	Jay Patel	"	[Signature]
9	Dr. Sheetal Tank	Librarian	[Signature]
10	Dr. G. D. Achariya	PE	[Signature]

Summary of Topics Discussed:

- शून्याकर्षण पर चर्चा कि ।
- मानव भाषा के कारण , गुण , गणित के चर्चा ।
- कारण , गुण , गणित तरिके के हि भाषा के सम्बन्धि ।

[Signature]





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- भगवद्गीता सभ्यता , संस्कृति , विधि , व्यवस्था ये चर्चा ।  
यारो शब्दों कि बारीकीयो ये ध्यान गया ।
- अवधारणा और अनुभव में difference
- अनुभव , व्यवहार , प्रयोग के रूप से प्रमाण ।
- बोध गम्य , व्यवहार गम्य के बिच connectivity
- सर्व श्रुतभ करणे से क्या नात्यर्थ है ?

Topic for next week:

- pg. No. 123 से धुहु करेंगे ।

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 16/12/2021

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigar Ratnottari	UHV cell-coordinator	
2	Paras P. Kulkarni	UHV Cell - Member	
3	Vijay Dandwan	UHV cell Member	
4	Dr. Mahesh S. Karghas	Associate Dean	
5	Vishal Chhaya	UHV cell Member	
6	Bijank D. Dada	Asst. Prof	
7	Ashwini Chaudhary	A.P.	
8	Dr. Shreeta Talwar	Librarian	
9	Jay A. Patel	UHV cell Member	
10	Rachna Joshi	Ass. Prof	

Summary of Topics Discussed:

- मानव कर्तव्य के चर्चा ।
- मानवीय संविधान का प्रारंभ ।
- च. 5. कि शुरुआत ।

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- स्वतंत्रता, स्वतंत्रता ये चर्चा ।
- मानवियता से अधिकार स्वयं-पूर्त अकितता है  
छिनता नहि ।
- मानव से समानता का आधार शरिर नहि ।
- सामाजिकता का अर्थ ये चर्चा ।

Topic for next week:

पृ. नं. 130, संतुलन topic.



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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 6-1-2022

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigay Ratnottar	UHV cell-coordinator	
2	Nihal Chhaya	UHV cell Member	
3	Dr. manhas S. Karghha	Associate Dean	
4	Prjyank D. Desai	Asst. Prof.	
5	Ankit K. Kulkarni	UHV Cell Member	
6	Paras Kulkarni	UHV cell member	
7	Vijay Dandwani	UHV cell Member	
8	Dr. D. J. Vaveriya	Asst. Prof.	
9	Nisha Nisadia	Asst. Prof.	
10	Dhawal Chavaly	A.P.	
11	Jay A. Patel	UHV Cell Member	
12	Dr. Sheetal Tank	Librarian	

Summary of Topics Discussed:

- Revision from prev. meeting.
- कुछ प्रश्नों के उत्तर (from prev. meeting).
- संतुलन और नियंत्रण, नियंत्रण ।

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- सागरस्वता और Harmony शब्द को समझो ।
- सर्व शुभ में स्वशुभ शभावो हुयो है ।
- शौक्तिक अधिकार कि परिभाषा ।

Topic for next week:

परिवार सभा क्षयता - Pg. No. 135 से

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MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 13-1-2022

Registrar  
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Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr. Manhas S. Keshava	Associate Dean	[Signature]
2	Jigrit Rathod	UHV cell - coordinator	[Signature]
3	Prayank D. Desai	Asst. Prof.	[Signature]
4	Ankit K. Kalavasiya	UHV cell Member	[Signature]
5	Parus P. Kalavasiya	UHV cell Member	[Signature]
6	Nisha Mesadia	Asst. Prof.	[Signature]
7	Dr. D.J. Kamariya	Asst. Prof.	[Signature]
8	Vijay Dandwari	UHV cell Member	[Signature]
9	Dr. Shubhal Torik	Librarian	[Signature]
10	B.J. Joshi	J.T. - A.P.	[Signature]
11	Nishal Odhaya	UHV cell Member	[Signature]
12	Dr. G.D. Acharya	P.E.	[Signature]

Summary of Topics Discussed:

- परिवार सभा कि सभ्यताओं कि पहचान ।
- भावों कि परिभाषा से विस्तृत चर्चा ।
- भनाकार को साकार करने के रूप में अर्थ कि दुनिया कि समीक्षा ।

[Signature]

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- भनः स्वस्था के लीना , भनाकार को साकार करना अधुरा है।
- अनुप्राणन , अनुप्राणित शब्द कि स्वधत्ता।
- आवृत्ति हि भनः स्वस्था का प्रत्यक्ष है।
- बौद्धिक समाधान और भौतिक स्वास्थ्य के बीच संतुलन।
- अस्तित्व की प्रत्येक 'हुक' अपने संपूर्णता सहित 'क्रिया और व्याख्या" है। - इसकी समझ।
- पिवन क्रिया के चर्चा।

Topic for next week:

- pg. No. 142 की आगे।



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## Universal Human Values(UHV) Cell

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 20-1-22

Registrar  
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Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr. Associate Dean Mansha Rajhans	Assoc. Dean	[Signature]
2	Jigar Rathod	UHV cell-coordinator	[Signature]
3	Vishal Chhaya	UHV cell member	[Signature]
4	Priyank D. Desai	Asst. Prof.	[Signature]
5	Vijay Dandwani	UHV cell member	[Signature]
6	Dr. D. I. Kamdar	Asst. Prof.	[Signature]
7	Paras P. Kalariya	UHV cell Mem.	[Signature]
8	Nisha Nesadia	Asst. Prof.	[Signature]
9	Dr. Sheetal Tane	librarian	[Signature]
10	B. J. Joshi	A.P. IT	[Signature]
11	Dhaval Chavhan	A.P.	[Signature]
13	Dr. G. D. Acharya	P.E	[Signature]

### Summary of Topics Discussed:

- revised previous meeting.
- अणु में मानव तक कि इकाई में स्थित गती के स्वरूप पर चर्चा की।

[Signature]

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- जानना , भानना कहा है और पहचानना , निर्वाह करना जीवन में कहा ।
- स्वधन है चर्चा ।
- अभी कि स्त्री में स्वधन कैसे कमाए ।
- परधन कभी क्या ।
- दयापूर्ण कार्यव्यवहार और मनीषी स्वभाव में दया शब्द के बीच भेद क्या है - इस पर चर्चा ।

Topic for next week:

- Pg. No. 145 से ।

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 27-1-22

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigasi Ratanotkar	UHV cell - coordinator	
2	Dr. Manjiv S. Kashyap	Associate Dean	
3	Priyank. D. Desai	Asst. Prof.	
4	Vijay Dandwani	UHV cell Member	
5	Ankita K. Kalavatiya	UHV cell Member	
6	Vishal Chhaya	UHV cell Member	
7	Dr. D. J. Kanabhaiya	Asst. Prof.	
8	Paras P. Kalaniya	UHV cell Member	
9	Dhruv Chaudhary	A.P.	
10	Jay Patel	UHV cell Member	
11	Dr. Sheetal Tane	Librarian	
12	Rachna Joshi	ASS. Prof	

Summary of Topics Discussed:

- Revision from prev. meeting.
- prev. meetings के कुछ प्रश्नों का निराकरण

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- प्राणसूच, रचनात्मक, चुष्टितक्य धी शब्दों की संख्या और उन्ही के science के भूताधिक इसकी technology से जोडा।
- मानव से स्वस्वरूप को पहचाना नहि।
- भूतय प्रधान विधि से परिवार व्यवस्था, नैतिकता प्रधान विधि से अज्ञ व्यवस्था प्रमाणित होती है।

Topic for next week:

- starts from pg. No. 147.

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 3-2-22

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr. Manish S. Keshava	Associate Dean	
2	Jigay Ratnottari	UHV cell-coordinator	
3	Prayank D. Desai	Asst. Prof.	
4	Paras Kalaniya	"	
5	Vishal Chhaya	UHV cell Member	
6	Nishu K. Naredia	Asst. Prof.	
7	Dr. Sheetal Tale	Asst. Prof.	
8	Dr. G. D. Acharya	PE	
9	VITAY DANDWANI	UHV Cell Member	
10	Bhawal Chavda	AP	
11	Jay A. Patel	UHV cell member	

Summary of Topics Discussed:

- Revision from prev. meeting.
- मानव परंपरा शब्द को समझा ।
- भ्रष्टाचार, चरित्र, नैतिकता धारण करा ।

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- अभिव्यक्ति, संप्रेषण, प्रकाशन के बीच diff.
- वस्तु भूम्य में - उपयोगिता भूम्य  
- कला भूम्य से चर्चा।
- सही कि सही भी बिनो हुड. हम चरित, नैतिकता  
पर काम कर सकते हैं।
- विवाह के उपर विस्तृत चर्चा।
- विवाह यानि वीबके पूर्वक निर्वाह करना।

Topic for next week:

- Pg. No. 153 से।



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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 3-3-2022

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigal Ratnotta	UHV cell- coordinator	
2	Vijay Dandwani	UHV cell Member	
3	Dr. Manbas S. Kashani	Associate Dean	
4	Ankit K. Kalaniya	UHV cell Member	
5	Vishal Chhaya	UHV cell Member	
6	Prerak D. Desai	Asst. Prof.	
7	Dr. D.J. Kanerji	Asst. - Doot	
8	Nisha Mesadela	Asst. Prof.	
9	Dr. G. D. Acharya	PE	
10	Paras Kalaniya	UHV cell Member	
11	Dhawal Chavhan	AP.	
12	Jay A. Patel	UHV cell Member	

Summary of Topics Discussed:

- Revision fram prev. meeting.
- વિવાદ કે અર પ્રશ્નો કે ચર્ચા ।
- વિવાદ સંબંધ કે આચુ કે પરિકલ્પના ।

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- विवाह से आधु कि परिकल्पना को स्वावलंबन पूर्वक लीजें कि आधु, बीशा कि पूरे होने कि आधु के साथ लीउकर उस पर चर्चा हुई, कुछ - कुछ प्रश्नों के समाधान हुवे।
- विवाह संस्कार एक उत्सव।
- विवाह - और - स्वास्थ्य संयम के बीच connectivity.
- आनवीध परंपरा से विवाह प्रत्याशीत धरना है।

Topic for next week:

- Pg. No. 158 से आगे का पढ़न।

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 10/3/22

Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Nisha K. Nesadia	Asst. Prof.	
2	Dr. Manohar S. Kaghan	Associate Dean	
3	Jigay Ratnottar	UHV cell, coordinator	
4	VIJAY DANDWANT	UHV cell Member	
5	Ankit K. Kalasija	UHV cell Member	
6	Vishal Chhaya	UHV cell Member	
7	Priyank D. Desai	Asst. Prof.	
8	Dr. G. D. Acharya	P.E.	
9	Paras P. Kalasija	UHV cell Member	
10	Dhawal Chaudhary	A.P.	
11	B. J. Joshi	A.P. - IT	
12	Rachna Joshi	ASS. PROF.	

Summary of Topics Discussed:

- स्वधन पे चर्चा ।
- स्वधन के प्रकार - प्रतिफल , पारितोष , पुरस्कार ।
- भ्रम का महत्व । भ्रम को स्वधन में लौटकर

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- अभी कि शीशा व्यवस्था में भारीदारी से प्राप्त हवन स्वधन है या नहीं उस पर चर्चा।
- प्रतिभा को समझो।
- व्यक्तित्व को समझो।
- प्रतिभा और व्यक्तित्व में संतुलन से क्या तात्पर्य।
- क्या हम व्यवहार में सामाजिक और व्यवसाय में स्वावलंबी है या नहीं।

Topic for next week:

- In next week starts from pg. No. 163.

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 17/3/22

Registrar  
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Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr. Manhas S. Karghas	Associate Dean	[Signature]
2	Jigar Ratnathal	UHV cell coordinator	[Signature]
3	Ankit K. Kalasiya	UHV cell Member	[Signature]
4	Vijay Dandhani	UHV cell Member	[Signature]
5	Dr. D.J. Kamariya	Asst. Prof.	[Signature]
6	Nisha Nesadia	Asst. Prof.	[Signature]
7	Dr. G. D. Acharya	PE	[Signature]
8	Vishal Chhaya	UHV cell Member	[Signature]
9	Paras Kakaniya	Asst. Prof.	[Signature]
10	B-J-Joshi	A.P.-IT	[Signature]
11	Dr. Sheetal Jain	Asst. Prof.	[Signature]

Summary of Topics Discussed:

- Revision from next week.
- अक के साथ दया मलकल जने देना और एतना 1

[Signature]

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- धनवान उदारतापूर्वक सुखी होता है।
- अर्थ को जन, भन, धन के अर्थ में समझो।
- पदवान न्यायपूर्वक सुखी होता है।
- न्याय कि परिभाषा ये चर्चा।
- विवेक कि परिभाषा।
- विवेचना और विस्लेषण के बिना भेद ये चर्चा।

Topic for next week:

- Pg. No. 1724 से Next meet.

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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 24/3/22

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Dr. Manhas S. Lagthani	Associate Dean	
2	Jigori Rastrotiya	UHV cell-coordinator	
3	Ankit K. Kalavara	UHV cell Member	
4	Dr. D. J. Kowderiya	Assist. Prof.	
5	Dr. G. D. Acharya	P.E.	
6	Paras P. Kalariya	UHV Cell Member	
7	Vijay Dandwani	UHV cell Member	
8	Rachna Joshi	Ass. Prof.	
9	B. J. Joshi	A.P. - IT	
10	Vishal Chhaya	UHV cell Member	

Summary of Topics Discussed:

- સભા કામ એ 10 કે ગુણાંકે કો સમજા /
- પ્રમાણ કે અર્થ એ હોક એ અધીક લેખિકાઓ કા પ્રમાણિત હોના બરુદી /

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- गणित रूप सीमावर्ती गणना है।
- आंशिक रूप से गुण (गति) कि गणना।
- मध्यस्थ गुण, धर्म, स्वभाव का गणना संभव नहीं।
- भैषज्य रचना के उपर चर्चा और मनुष्य के भैषज्य मानव के अकारण किस से है उस पर चर्चा
- अष्ट धानु पे चर्चा।
- शुक्र सूत और दिग्ग सूत मतलब क्या।

Topic for next week:

start from pg. 179



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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 31/3/22

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigar Ratnottar	UHV cell- coordinator	
2	Dr. manhas, Karghava	Associate Dean	
3	Dr-D. Jkanvija	Asst. Prof.	
4	Nisha Desai	Asst. Prof.	
5	Vijay Dandwari	UHV cell Member	
6	Jay A. Patel	"	
7	Dr. G. D. Acharya	P E	
8	Vishal Chhaya	UHV cell Member	
9	Paras P. Kalariya	UHV cell Member	
10	Rachna Joshi	ASS. PROF.	

Summary of Topics Discussed:

- Revision of prev. meeting.
- મનવ એ કલ્પનાશીલત। ઝાંતે કામસ્વજાતત। કો સમલ્લ। ।

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- ज्ञानत्रय - जीवन, सह-अस्तित्व, मानवीयतापूर्ण  
आचरण ज्ञान के चर्चा।
- अभिव्यक्ति, संप्रेषण और प्रकाशन का महत्व और  
उसमें भेद।
- शिक्षा - संस्कार का महत्व।
- आगत परंपरा में अनसंख्य नियंत्रण स्वाभाविक  
रूप में होता है।
- सभी आवश्यकता को प्रयोजन कि कसौटी से  
check करना है।

Topic for next week:

- pg. No. 184 - परकार में संशोधन



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**Rajkot**



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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 7/4/22

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: Video room, Central Library

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigasa Ratnottas	UHV cell- coordinator	
2	Dr. manhas S. Karghan	Associate Dean	
3	Ankit Kalavani	UHV cell Member	
4	Vijay Damchani	UHV cell Member	
5	Dr. D.T. Ramchija	Assist. Prof	
6	Jay A. Patel	UHV cell Member	
7	Vishal Chhaya	UHV cell Member	
8	Nisha Nesadia	Asst. Prof.	
9	B. J. Joshi	A.P.-IT	
10	Dr. Shrutel Tale	Librarian.	
11	Paras Kalavani	UHV cell Member	
12	Rachna Joshi	Ass. Prof	

Summary of Topics Discussed:

- Revision from prev. meeting.
- solved some queries from prev. reading.

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- परिवार सीमा से 9 - संवोधन और उसके प्रयोजन के चर्चा ।
- क्षमा से संबंध और संवोधन ।
- समितीयो से संवोधन ।
- अखण्ड क्षमाल को अर्च आगत मानव परिवार से परंपरा से वैर - बिहीन परिवार है है ।
- व्यवस्था संबंध के स्पष्टिकरण ।

Topic for next week:

- starts from pg. NO. 188 in next meeting.



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**Universal Human Values(UHV) Cell**

MINUTES OF THE MEETING

WEEKLY UHV MEETING

Date: 21/4/2022

Registrar  
Atmiya University  
Rajkot

Time: 02:30 PM TO 3:30 PM

Venue: UHV Cell

The following members attended the meeting:-

SN	Name	Designation	Sign
1	Jigati Ratnottal	UHV cell-coordinator	
2	Dr. Manhas S. Kogthana	Associate Dean	[Signature]
3	Vijay Dandwani	UHV cell Member	[Signature]
4	Ankit Kalariya	UHV cell Member	[Signature]
5	Dr. D. J. Kamariya	Asst. Prof.	[Signature]
6	Jay A. Patel	UHV cell Member	JAP
7	Dr. G. D. Acharya	PE	[Signature]
8	Nisha Nesadia	Asst. Prof.	[Signature]
9	Rachna Joshi	Ass. Prof.	[Signature]
10	Dr. Shreeta Talu	Librarian	[Signature]
11	Paras P. Kalariya	UHV cell Member	[Signature]
12	Vishal Chhaya	UHV cell Member	[Signature]

Summary of Topics Discussed:

- Revised prev. meeting.
- अभि विधि से प्रत्येक तर्क प्रस्तुत में ही समाप्त होता है।
- देश - विदेश - काल के उपर चर्चा।

[Signature]

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- धरती पृथ्वी एक देश है।
- धरत बनाने की आवश्यकता और व्यक्ती कि पहिचान मानव में निश्चित रहेती है।
- मानव परंपरा में खिलन जाग्रति का प्रमाण व्यवहार में ही सुकभ होता है।
- संबंघ कि परिभाषा - पूर्णता के अर्थ में अनुबंध से है।

Topic for next week:

start from pg. No. 193 - मानव संबंघी के प्रकार |

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## LIVING MODEL AS INSTITUTIONAL COMMUNITY

### Organization & Participation

National and International Conferences (Sammelan) on UHV in Higher Education.



activity



Sr.	Event Name	Total No.
1.	National Conference on UHV at AGI	1
2.	International Conference on UHV at AGI	1
3.	Rashtriya Sammelan Participation	3
4.	Parichay Shivir	24
5.	Adhyayan Shivir	12

**Objective** To create and have an awareness on efforts being made Nationally and Internationally (especially SAARC Nations) on Universal Human Values in Higher Education. Also this is an opportunity to share the achievements by individuals as well as at family level.

**Outcome** The participation in these conferences brings in more conviction to the faculty members for sharing values in higher education and also efforts to be made towards a more holistic approach of education as a whole based on values.

### Weekly Family Get-Together



activity

**Objective** To help the family members understand the efforts needed to build a better education system and that education starts also from the family/ home itself as one big school. Most importantly the quality of relationships in the family is evidence of our understanding of Human values and being educated.

**Outcome** This activity has been helping families understand values in relationships, the need for the same, the importance of environment on the development of children in the family and in the society and how each family can contribute together to form a better living environment for the future generations.

**VALUE EDUCATION**  
for Consciousness Development



[www.atmiyauni.net](http://www.atmiyauni.net)

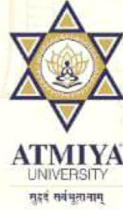
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## DEEP STUDY & SHARING VALUES

### Detailed Study (Adhyayan) at Abhyuday Sansthan, U.P.

(Every 2 months for 10 days during Year | from 2017-18.)



**Objective** After attending basic workshop of VECD, a few interested faculty members decided to go for detailed/ deep study of the content of Madhyastha Darshan; Sah-asitva vaad propounded by Shri A. Nagraji. Faculties have attended 6 Adhyayan Satra (10 Days each) at Aohyuday Sansthan, Hapud, U.P.

**Outcome** The depth study helped the faculty have a clear understanding of the content and due to the collaborative efforts of Delhi School teachers and other members of the society living according to the philosophy – this helped the faculty of our campus design, develop and deliver the content to the students at various levels from school, UG and PG programmes.

### Expert Sessions / Invited Talks

(Talks at other Higher Education Institutions)



**Objective** To share the content of VECD and facilitate the understanding of the same to the other institution faculty members and students.

**Outcome** Many institutions in and around the our campus and also at the state level have been approaching the Faculties who have done deep study to share and facilitate the understanding of the content of VECD as the same has been implemented by GTU and AICTE.

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# NURTURING CONTRIBUTORSHIP

## Reaching Value Education to Rural Schools



activity

**Objective** To share value education content with primary school students as an extension activity under the content on- "My Participation in this Human Society" in collaboration with our NSS unit.

**Outcome** The school students explored the contents within self and also they gave us genuine feedback for the same and our students were able to have more clarity about their understanding of the content as they answered the queries and questions raised by the school students.

## "Each one teach one"



activity

**Objective** It was an initiative started by students under VECD extension activity for helping kids of contract construction workers/ laborers at the campus construction site - to learn basic understanding of hygiene, health, food, family and literacy.

**Outcome** Through this activity Students felt a sense of contribution to the society and their surroundings. The act and its outcomes have now brought in more students wanting to join the activity and thus reach out to the needy on campus and off campus on their own.

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## SWAVLAMBAN

स्वावलंबन से समृद्धि

### Decentralized (DC) Solar Power System

activity



**Objective** To promote use of solar energy as an alternative sustainable source of energy and promote use of a self designed 12V DC solar distribution system by students and staff through workshops and hands on training and development.

**Outcome** Many students and faculty on campus got interested in learning the assembly and designing of the 12V DC Solar distribution system and registered for workshops. The community members placed the order for implementation of the same for their homes thus giving scope for entrepreneurship for aspiring graduates.

### Soap Making

activity



**Objective** With the support of the expertise of Pharmacy faculty on campus to design and work on production of Soaps made with Natural Ingredients namely – Gram flour, Neem, Turmeric etc. and also train students of school and college in this skill as a part of vocational studies.

**Outcome** The activity was welcomed by the members of the campus – namely –students and staff including management members and the soaps so produced are being consumed/ purchased by the community itself. And the students are able to appreciate the "Shram mulya". This has helped many members to work on enterprising skills and also has given many more ideas of home production for community consumption as a sustainable model of living and using quality products.

### Prakrut

activity



**Objective** This activity was organized under VECD cell to provide a platform for giving an idea to the campus community of a sustainable life style through natural soap production, growing our own vegetable using terrace gardening concept; Home remedies for common diseases through natural medicines for our good health and this also covered the concept of decentralized power system so we don't have to depend on any other agency for our power requirement.

**Outcome** The community got educated about sustainable living and also how we as a community can help each other with our expertise in the form of installations, production and appreciation for Shram.

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**WEBINAR**

## Universal Human Value based Education and Its Aspirations in NEP-2020

on **Saturday, 24<sup>th</sup> April 2021**  
at **3:00 PM to 5:00 PM**



INSTITUTION'S  
INNOVATION  
COUNCIL  
(Ministry of HRD Initiative)

### About Webinar

Education is at the core of developing the people and the state of society is a direct consequence of the state of education. The purpose of education is not to just provide livelihood training but to enable the students to live a responsible and happy life - in harmony with oneself, family, society and nature i.e. the existence. This has been very well articulated in terms of goals of National Education Policy (NEP)-2020 as well as in United Nations Sustainable Development Goals (SDGs) towards quality education. This webinar proposes an understanding of basic aspirations of human beings in light of Universal Human Values (UHV) and how these fundamental issues related to happiness and real success in the life & profession can be addressed through education leading to self-confidence, self-discipline, commitment and courage.

### About Us

Value based Education is at the core at Atmiya University and the Centre for Life Skills at the University is the fulcrum of all these activities. Universal Human Value (UHV) Cell is the part of this Centre and is active since 2014. All the teaching and non-teaching staff members at the University have undergone series of training programs on UHV in the light of Jeevan Vidya - a co-existential philosophy propounded by Shri A. Nagrajji. A Group of staff members have also undergone intense training in the form Adhyayan for better understanding and meaningful implementation at the University. Courses on UHV are an integral part of all program curriculums. Regular short term and long-term training programs are conducted within and outside University for benefit of all.



### Facilitator

**Mr. Jigar Ratnottar**  
Coordinator-UHV Cell  
Atmiya University

He is the facilitator of UHV since 2014, has attended more than 15 Jeevan Vidya Shivir of 8-Days and conducted many workshop / seminar / FDP for students as well as for faculty members.

Registration Link [http://bit.ly/UHV\\_webinar](http://bit.ly/UHV_webinar)

### Notes

- Registration is necessary.
- e-Certificate will be given after the program & submission of the feedback form.
- Link will be shared only to the registered participants.
- Webinar is open for teachers/faculty members from all schools and colleges.

Organized by : **UHV Cell, Atmiya University, Rajkot (Gujarat)**

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