



**ATMIYA
UNIVERSITY**

NAAC – Cycle – 1

AISHE: U-0967

Criterion - 5

SS & P

KI 5.1

M 5.1.2

5.1.2

Efforts taken by the institution to provide career counselling including e-counselling and guidance for competitive examinations during the last five years

Career counselling activities from SAMVAD – Student’s aspiration and support unit

Registrar

Atmiya University

Atmiya University, Rajkot-Gujarat-India

Rajkot





Atmiya University CVMS Cell "Samvad"

Dear student friends...

Today, there is talk of celebrating days like "Emotional Well Being" and "World Mental Health Day" all over the world, looking at its root, it seems that now man appears to be well equipped with physical facilities but due to lack of mental health, he becomes a victim of many diseases and loneliness. And now medical science also admits that most of the diseases we see today are due to wrong thoughts in the mind.

Pujya Hariprasad Swamiji believed that the student who comes out after studying from Atmiya should not only have good skills but should come out as a living human temple and be a complement to the society. And to realize their same objective, Chetna Viksas Mulya Siksha Cell (CVMS Cell) has been functioning since **2018** in Atmiya University and efforts are also being made to improve the mental health of the students.

"Dialogue" in simple language is a conversation where a person can express his thoughts openly and if he needs any guidance he can get it easily. If anyone has a question or wants a practical answer to a problem, proper guidance is enough for him.

On regular basis many student friends are interacting with the teachers in the CVMS cell and they are getting a proper solution for their day to day life problems. So, I am glad to say to all my student friends that we will listen to you just like your mentor, so you never feel alone and if there is anything that makes you happy, please tell us.

Jay Swaminarayan

Vijaykumar Dandwani

CVMS Cell

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